Ashridge Boundary Run - 28th March 2026 Final Results							
Pos	Cat Pos	Bib	First name	Last name	Team name	Category	Time
1	1	157	Jamie	Farmer	Leighton Buzzard Triathlon Club	MVet40	1:55:27
2	1	195	Oliver	Grimmette	Unaffiliated	MOpen	1:55:28
3	2	403	Jamie	Seddon	Unaffiliated	MOpen	1:55:35
4	2	33	Mark	Baines	Vale Of Aylesbury AC	MVet40	1:56:10
5	3	201	Will	Harding	Leighton Buzzard AC	MOpen	2:02:24
6	3	36	Robert	Barnes	Stopsley Striders	MVet40	2:04:22
7	4	359	Harry	Pettingell	Thame runners	MOpen	2:05:10
8	5	213	Tom	Hedges	Chiltern Trail Runners	MOpen	2:05:17
9	4	38	Richard	Bedlow	Tring RC	MVet40	2:05:20
10	5	100	Douglas	Coleman	Dacorum AC	MVet40	2:06:27
11	6	328	Alex	Newman-Smith	Hoddesdon Tri	MVet40	2:06:43
12	1	330	Sean	Nicolle	Oxford Tri Club	MVet50	2:07:46
13	6	194	Luke	Griffiths	Unaffiliated	MOpen	2:08:18
14	7	349	Thomas	Parmenter	Spa Striders	MOpen	2:10:46
15	8	189	Matt	Graham	Watford Joggers	MOpen	2:11:04
16	1	370	Becky	Raftery	Tring RC	FVet40	2:11:10
17	7	4	Nick	Acton	Harpenden Arrows	MVet40	2:11:20
18	9	399	Edward	Scott	Crystal Palace Fun Runners	MOpen	2:12:19
19	10	483	Fraser	Willcox	Tring RC	MOpen	2:12:35
20	2	336	Gabor	Nyers	Garden City Runners	MVet50	2:12:43
21	11	327	Charles	Newman	Oxford Tri Club	MOpen	2:13:12
22	3	105	Darren	Cornish	Dunstable Lions RC	MVet50	2:13:37
23	8	324	Gavin	Murrison	St Albans Striders	MVet40	2:14:01
24	12	171	Jonny	Foulger	Mornington Chasers	MOpen	2:14:24
25	9	37	Gaetano	Basiaco	Garden City Runners	MVet40	2:14:34
26	4	279	Ben	Lowans	Unaffiliated	MVet50	2:15:14
27	13	122	Sam	Davies	Tring RC	MOpen	2:15:25
28	5	75	Patrick	Butler	Burnham Joggers	MVet50	2:16:12
29	10	230	Andy	Hudson	Unaffiliated	MVet40	2:16:59
30	11	361	Ammon	Piepgrass	Harpenden Arrows	MVet40	2:17:11
31	12	462	Alan	Vines	On the Run Pitstone	MVet40	2:17:29
32	13	400	Alan	Scott	Greenlight PT	MVet40	2:17:49
33	1	148	Philippa	England	Unaffiliated	FOpen	2:19:08
34	14	219	Archie	Hilder	Unaffiliated	MOpen	2:19:08
35	15	183	Nathan	Gillott-Jones	Unaffiliated	MOpen	2:20:07
36	16	131	Chris	Dennell	St Albans Striders	MOpen	2:20:20
37	14	313	Simon	Morris	Gade Valley Harriers	MVet40	2:20:43
38	17	265	Matt	Lampey	Unaffiliated	MOpen	2:20:48
39	15	121	Chris	Davies	Unaffiliated	MVet40	2:21:39
40	18	206	Mo	Hatim	Unaffiliated	MOpen	2:21:50
41	19	176	Dan	Fulbrook	Burnham Joggers	MOpen	2:21:52
42	2	181	Sarah	Gibson	Unaffiliated	FOpen	2:21:53
43	6	86	Paul	Chamberlain	Unaffiliated	MVet50	2:21:59
44	16	184	Gideon	Glassman	Unaffiliated	MVet40	2:22:27
45	17	371	George	Rainsford	Unaffiliated	MVet40	2:23:03
46	1	26	Nigel	Aston	St Albans Striders	MVet60	2:24:14

47	18	329	Olly	Nicholson	Thame Runners	MVet40	2:24:26
48	1	68	Tracy	Brown	Redway Runners	FVet50	2:24:40
49	20	262	Miroslav	Kratochvil	Unaffiliated	MOpen	2:24:50
50	7	379	Dave	Roberts	Fell Runners Association	MVet50	2:24:55
51	21	185	David	Glencross	Unaffiliated	MOpen	2:25:11
52	19	342	Matthew	O'Sullivan	Unaffiliated	MVet40	2:25:46
53	22	298	Don	McCormack	Unaffiliated	MOpen	2:26:17
54	23	490	Darren	Worrall	Unaffiliated	MOpen	2:26:40
55	24	43	Kevin	Berg	Tring RC	MOpen	2:27:15
56	8	239	Graham	Jack	St Albans Striders	MVet50	2:27:24
57	9	444	Mike	Thomas	Ranelagh Harriers	MVet50	2:27:27
58	3	318	Sophie	Morton	Unaffiliated	FOpen	2:27:30
59	2	317	John	Morton	Unaffiliated	MVet60	2:27:31
60	10	449	Will	Thurley	Unaffiliated	MVet50	2:28:27
61	4	205	Sophie	Hart	Unaffiliated	FOpen	2:28:35
62	25	94	Roger	Clarke	Tring RC	MOpen	2:28:50
63	26	492	Kallum	Wright	Stopsley Striders	MOpen	2:29:10
64	20	67	Joe	Brown	Tring RC	MVet40	2:29:22
65	21	402	James	Seddon	Trail Running Association	MVet40	2:29:26
66	22	407	John	Shaw	Burnham Joggers	MVet40	2:30:01
67	23	150	Thomas	Evans	Gade Valley Harriers	MVet40	2:30:02
68	27	164	Ben	Firminger	Unaffiliated	MOpen	2:30:17
69	2	135	Kate	Dixon	St Albans Striders	FVet40	2:30:44
70	3	44	Daniel	Berry	Mornington Chasers	MVet60	2:31:22
71	11	455	Kai	Turck	Unaffiliated	MVet50	2:31:34
72	5	450	Lucy	Treleaven	Spa Striders	FOpen	2:31:48
73	12	178	Jeff	Fusedale	Unaffiliated	MVet50	2:32:20
74	24	432	Adam	Sturmer	Unaffiliated	MVet40	2:32:46
75	25	85	Flynn	Castles	Unaffiliated	MVet40	2:33:16
76	26	79	Murray	Carr	Tring RC	MVet40	2:33:41
77	27	156	Richard	Farmer	Gade Valley Harriers	MVet40	2:33:44
78	3	45	Jennifer	Bizley	Chiltern Harriers AC	FVet40	2:33:48
79	4	325	Sally	Nash	Tring RC	FVet40	2:33:55
80	13	57	Steven	Boyd	Unaffiliated	MVet50	2:34:09
81	28	40	Torsten	Bell	Unaffiliated	MVet40	2:34:54
82	2	333	Rebecca	Nkoane	Chiltern Harriers AC	FVet50	2:35:14
83	29	408	David	Sheffield	Bedford Harriers AC	MVet40	2:35:33
84	14	182	David	Gilder	Dacorum AC	MVet50	2:35:49
85	30	476	Andrew	Wells	Gade Valley Harriers	MVet40	2:36:08
86	31	167	Chris	Foggin	Dacorum AC	MVet40	2:36:12
87	28	2	Joseph	Acland	Unaffiliated	MOpen	2:36:52
88	32	396	Paul	Schalker	St Albans Striders	MVet40	2:37:31
89	15	264	Jeremy	Lake	Unaffiliated	MVet50	2:38:27
90	29	457	Toby	Turk	Daventry Road Runners	MOpen	2:38:30
91	33	207	Oliver	Hauxwell	Harpenden Arrows	MVet40	2:38:45
92	4	314	Garth	Morris	Ware Joggers	MVet60	2:39:04
93	30	389	Joe	Russell	Unaffiliated	MOpen	2:39:06
94	34	16	Ross	Anker	Unaffiliated	MVet40	2:39:13

95	16	153	James	Eve	Headington Road Runners	MVet50	2:40:34
96	17	203	Steve	Harrison	Unaffiliated	MVet50	2:40:52
97	35	376	Marvin	Reynolds	Unaffiliated	MVet40	2:40:56
98	18	28	David	Atkinson	Unaffiliated	MVet50	2:41:20
99	36	458	Mark	Turner	Rumble racing	MVet40	2:41:23
100	5	158	Amy	Farnfield	Leighton Buzzard AC	FVet40	2:42:04
101	31	497	Chris	Yoxall	Leighton Buzzard Triathlon Club	MOpen	2:42:28
102	6	303	Naomi	Mellor	Harpenden Arrows	FVet40	2:42:33
103	19	133	Iain	Dickinson	Olney Runners AC	MVet50	2:43:02
104	37	123	Scott	Davis	St Austell Athletes RC	MVet40	2:43:17
105	20	306	Steve	Miller	Unaffiliated	MVet50	2:43:42
106	38	232	James	Husband	Unaffiliated	MVet40	2:43:43
107	32	363	Themistoklis	Pollalis	BBRC	MOpen	2:43:44
108	21	334	Tom	North	Gade Valley Harriers	MVet50	2:44:15
109	6	74	Hollie	Burton	Unaffiliated	FOpen	2:44:16
110	33	215	Christopher	Hersee	Unaffiliated	MOpen	2:44:17
111	22	321	Craig	Muckleston	Unaffiliated	MVet50	2:44:20
112	34	397	Maximilian	Schlote	Unaffiliated	MOpen	2:44:53
113	23	479	Justin	Whitehorn	Run wallingford	MVet50	2:45:02
114	5	337	Terry	O'Cleirigh	Olney Runners AC	MVet60	2:45:16
115	35	495	Emlyn	Young	Unaffiliated	MOpen	2:45:24
116	24	21	George	Arbuckle	Ampthill & Flitwick Flyers	MVet50	2:45:29
117	39	387	Ben	Rozitis	Redway Runners	MVet40	2:45:33
118	25	244	Mark	Johnson	Olney Runners AC	MVet50	2:45:45
119	26	116	Stephen	Crowley	Unaffiliated	MVet50	2:45:49
120	40	308	Jem	Mitchell	Unaffiliated	MVet40	2:46:21
121	41	293	Jamie	Masters	Redway Runners	MVet40	2:46:32
122	36	425	Matthew	Stancombe	Unaffiliated	MOpen	2:46:34
123	6	459	Christian	Ulf-Hansen	Unaffiliated	MVet60	2:46:37
124	27	225	John	Hopper	Dacorum AC	MVet50	2:46:39
125	37	292	Nick	Maskell	Unaffiliated	MOpen	2:46:50
126	38	62	Joe	Bradley	Unaffiliated	MOpen	2:47:12
127	42	423	Jamie	Stamp	Unaffiliated	MVet40	2:47:12
128	7	315	Amanda	Morris	Unaffiliated	FVet40	2:47:15
129	7	210	Andrew	Heale	Leighton Fun Runners	MVet60	2:47:16
130	39	13	Martin	Ambler	Unaffiliated	MOpen	2:47:26
131	7	494	Anna	Yankey	Leighton Fun Runners	Fopen	2:47:33
132	28	20	Graham	Appleyard	Unaffiliated	MVet50	2:47:37
133	29	280	Daniel	Lowans	Unaffiliated	MVet50	2:47:41
134	40	193	Daniel	Green	Gade Valley Harriers	MOpen	2:47:49
135	30	488	Andrew	Woolstone	Unaffiliated	MVet50	2:48:01
136	8	149	Jessica	Evans	Unaffiliated	FOpen	2:48:02
137	43	470	Steve	Ward	BBRC	MVet40	2:48:03
138	31	32	Andy	Bain	Serpentine RC	MVet50	2:48:04
139	32	46	Stuart	Blackhurst	Burnham Joggers	MVet50	2:48:07
140	44	290	Ian	Marston	Unaffiliated	MVet40	2:48:38
141	45	204	Stewart	Harrison	Unaffiliated	MVet40	2:48:39
142	3	475	Emma	Wells	On The Run	FVet50	2:48:49

143	4	254	Claire	Kenney	Tring RC	FVet50	2:49:20
144	8	218	Craig	Higgins	Unaffiliated	MVet60	2:49:30
145	5	440	Anna	Taylor	Unaffiliated	FVet50	2:49:40
146	8	109	Lily	Crank	Unaffiliated	FVet40	2:49:53
147	9	17	Martyn	Annetts	Unaffiliated	MVet60	2:50:04
148	9	168	Ruth	Forbes	BBRC	FVet40	2:50:20
149	33	465	Pete	Walker	Burnham Joggers	MVet50	2:50:23
150	46	161	Dave	Fellowes	Dacorum AC	MVet40	2:50:40
151	6	91	Joelie	Chisholm	Watford Joggers	FVet50	2:50:41
152	7	58	Emma	Bradbury	Tring RC	FVet50	2:50:45
153	34	69	Dominic	Buck	North Herts Road Runners	MVet50	2:50:47
154	47	496	Michael	Young	Dacorum AC	MVet40	2:51:04
155	48	30	Stuart	Bailey	Dacorum AC	MVet40	2:51:12
156	49	6	Max	Adamson	NLMC	MVet40	2:51:54
157	50	15	Jonathan	Andrews	Unaffiliated	MVet40	2:52:12
158	9	282	Georgina	Mackay-Stewart	Unaffiliated	FOpen	2:52:14
159	41	390	Sam	Rutherford	Run Dusty London	MOpen	2:52:18
160	51	154	Ben	Everest	Unaffiliated	MVet40	2:52:26
161	52	128	Jonathan	de Jong	Unaffiliated	MVet40	2:52:40
162	10	430	Eloise	Strevens	York Postal Harriers	FOpen	2:52:44
163	35	467	Steven	Wall	Dacorum AC	MVet50	2:52:52
164	8	224	Karen	Hogan	Unaffiliated	FVet50	2:53:04
165	36	473	Neil	Watson	Stotfold Runners	MVet50	2:53:06
166	37	35	Christopher	Barnes	Olney Runners AC	MVet50	2:53:44
167	38	436	Daniel	Sutton	Unaffiliated	MVet50	2:53:46
168	42	119	George	Davey	Unaffiliated	MOpen	2:54:01
169	53	267	Alex	Lane	St Albans Striders	MVet40	2:54:08
170	54	228	Mark	Howland	St Albans Striders	MVet40	2:54:20
171	55	115	Justin	Crook	Olney Runners AC	MVet40	2:54:30
172	10	175	Tiffany	Frimston	On the run	FVet40	2:54:41
173	39	277	Richard	Lipscombe	On the Run Pitstone	MVet50	2:55:01
174	56	445	Dom	Thomas	Garden City Runners	MVet40	2:55:01
175	43	223	James	Hodgskin	Unaffiliated	MOpen	2:55:44
176	44	273	Michael	Leedham	Unaffiliated	MOpen	2:56:06
177	45	320	Piotr	Motyka	Burnham Joggers	MOpen	2:56:36
178	40	299	Paul	Mcdonagh	Unaffiliated	MVet50	2:56:40
179	41	217	Jocelyn	Hickson	London Heathside	MVet50	2:56:44
180	46	474	Callum	Welch	Unaffiliated	MOpen	2:56:49
181	42	245	Andrew	jones	Olney Runners AC	MVet50	2:56:53
182	11	95	Kate	Clarke	Unaffiliated	FVet40	2:57:13
183	47	453	Michael	Tucker	Stopsley Striders	MOpen	2:57:39
184	57	366	Robert	Pullin	Unaffiliated	MVet40	2:57:40
185	9	117	Katarzyna	Czarnota	Unaffiliated	FVet50	2:57:55
186	12	499	Lucy	Sutton	Unaffiliated	FVet40	2:58:19
187	10	452	Suzy	Trott	Unaffiliated	FVet50	2:58:34
188	58	92	Andrew	Chung	London City Runners	MVet40	2:58:35
189	11	235	Jo	Igoe	Unaffiliated	FVet50	2:59:29
190	43	160	Mauro	Fasti	Watford Joggers	MVet50	2:59:45

191	44	451	Chris	Treleaven	Stopsley Striders	MVet50	2:59:59
192	45	261	Dave	Kittle	On the Run Aylesbury	MVet50	3:00:20
193	59	77	Peter	Cammidge	Unaffiliated	MVet40	3:00:21
194	46	486	Duncan	Winner	Olney Runners AC	MVet50	3:00:22
195	10	1	Roger	Ackerley	Woodbridge Shufflers RC	MVet60	3:00:29
196	12	227	Ali	How	VocaLink Mastercard RC	FVet50	3:00:45
197	11	113	Sophie	Cronin	Burnham Joggers	FOpen	3:00:55
198	13	141	Carly	Dwyer	Unaffiliated	FVet40	3:01:48
199	1	214	Lynda	Hembury	Tring RC	FVet60	3:01:48
200	48	211	Christopher	Heale	Leighton Fun Runners	MOpen	3:02:07
201	14	357	Jo	Perry	Watford joggers	FVet40	3:02:20
202	15	50	Louise	Bladen	Unaffiliated	FVet40	3:02:57
203	11	482	Neil	Willcox	Unaffiliated	MVet60	3:04:24
204	49	216	George	Hewson	Unaffiliated	MOpen	3:04:50
205	12	99	Antony	Cole	St Albans striders	MVet60	3:04:57
206	60	420	Kevin	Spanswick	Unaffiliated	MVet40	3:05:06
207	16	80	Lotte	Carritt	Unaffiliated	FVet40	3:05:08
208	50	319	Rob	Morton	Unaffiliated	MOpen	3:06:01
209	47	134	Mark	Digby	Burnham Joggers	MVet50	3:06:02
210	48	22	Steven	Archer	The Running Hub	MVet50	3:06:03
211	49	18	Michael	Antunes	Unaffiliated	MVet50	3:06:04
212	2	55	Clare	Bonnick	Watford Joggers	FVet60	3:06:29
213	50	49	Stephen	Bladen	Unaffiliated	MVet50	3:06:37
214	17	266	Laura	Lane	St Albans Striders	FVet40	3:06:47
215	61	89	Alexander	Chesover	Unaffiliated	MVet40	3:06:48
216	3	10	Ali	Allen	Burnham Joggers	FVet60	3:06:57
217	12	384	Grace	Robinson	Oxford Tri Club	FOpen	3:07:03
218	13	305	Des	Merrigan	Burnham Joggers	MVet60	3:07:09
219	51	130	James	Dell	Aston abbotts run crew	MVet50	3:07:20
220	52	101	Brian	Collins	Unaffiliated	MVet50	3:07:30
221	13	139	Emily	Drake	Dacorum Tri Club	FOpen	3:07:52
222	62	316	Drew	Morton	Unaffiliated	MVet40	3:07:53
223	53	14	Carl	Andrews	Unaffiliated	MVet50	3:07:58
224	54	260	Martin	King	Tring RC	MVet50	3:08:45
225	18	39	Emma	Bedlow	Unaffiliated	FVet40	3:09:10
226	4	104	Wendy	Cope	Dunstable Lions RC	FVet60	3:09:15
227	55	112	Ian	Creswick	Unaffiliated	MVet50	3:09:23
228	51	173	Jon	Friend	Unaffiliated	MOpen	3:09:37
229	56	310	Martin	Mitchell	Garden City Runners	MVet50	3:09:40
230	57	350	Anthony	Parry-Jones	South Cambridge Striders	MVet50	3:09:57
231	19	477	Natalie	Wheeler	Gade valley harriers	FVet40	3:10:01
232	58	56	Philip	Bowers	Gade Valley Harriers	MVet50	3:10:02
233	13	78	Naomi	Carey	Gade Valley Harriers	FVet50	3:10:06
234	14	413	Gavin	Shurmer	Unaffiliated	MVet60	3:10:14
235	59	369	Roger	Rae	On The Run Aylesbury & Pitstone	MVet50	3:10:18
236	60	247	Daniel	Juniper	Dunstable Lions RC	MVet50	3:10:20
237	61	471	Mark	Wardell	Unaffiliated	MVet50	3:10:28
238	15	19	Shaun	Appleton	Appleton Surgical	MVet60	3:10:52

239	62	472	Stephen	Warner	Redway Runners	MVet50	3:10:54
240	14	291	Clare	Martin	Unaffiliated	FVet50	3:11:02
241	63	355	James	Percival	Unaffiliated	MVet50	3:11:07
242	63	187	Chris	Golden	Unaffiliated	MVet40	3:11:09
243	20	110	Victoria	Crawley-Wise	Gade Valley Harriers	FVet40	3:11:25
244	21	287	Claire	Mansfield	Unaffiliated	FVet40	3:11:41
245	52	47	Benjamin	Blackie	Unaffiliated	MOpen	3:11:42
246	64	391	John	Rutherfurd	Unaffiliated	MVet50	3:12:08
247	64	276	Neil	Linnane	Unaffiliated	MVet40	3:12:29
248	65	345	Rob	Oliver	Unaffiliated	MVet40	3:12:40
249	66	202	Craig	Harris	Unaffiliated	MVet40	3:13:15
250	53	284	Adrian	Makuchowski	Unaffiliated	MOpen	3:13:17
251	65	124	Marc	Davison	Thame Runners	MVet50	3:13:18
252	54	87	Keith	Chapman	Unaffiliated	MOpen	3:14:15
253	16	335	Andrew	Noyes	Leighton Buzzard Triathlon Club	MVet60	3:14:17
254	66	143	Ian	Early	Dunstable Lions RC	MVet50	3:14:18
255	17	405	David	Shakespeare	Olney Runners AC	MVet60	3:14:19
256	14	233	Jemma	Hutchings	Unaffiliated	FOpen	3:14:37
257	22	410	Leanne	Sheldon	St Albans striders	FVet40	3:14:45
258	67	147	Ilan	Elson	Unaffiliated	MVet40	3:14:50
259	68	137	Natan	Doron	Unaffiliated	MVet40	3:15:12
260	23	221	Charlotte	Hills	Unaffiliated	FVet40	3:15:14
261	67	382	Simon	Robinson	Dunstable Lions RC	MVet50	3:15:17
262	15	63	Louise	Bragger	Chiltern Trail Runners	FOpen	3:15:20
263	15	385	Jo	Robinson	BBRC	FVet50	3:15:24
264	68	431	Dave	Strevens	Unaffiliated	MVet50	3:15:47
265	5	269	Celia	Findlay	Dacorum AC	FVet60	3:16:01
266	16	406	Frances	Shattock	Unaffiliated	FVet50	3:16:02
267	24	90	Anastasia	Chew	Queen’s Park harriers	FVet40	3:16:11
268	55	165	Darren	Fletcher	Unaffiliated	MOpen	3:16:18
269	69	234	Taras	Huzar	Harpenden Arrows	MVet50	3:16:20
270	25	460	Aimee	Venner	Unaffiliated	FVet40	3:16:25
271	26	481	Clare	Wildey	Garden City Runners	FVet40	3:16:40
272	16	286	Jenna	Manggos	Unaffiliated	FOpen	3:16:45
273	70	3	John	Acland	Unaffiliated	MVet50	3:16:50
274	18	447	Peter	Thornton	Harpenden Arrows	MVet60	3:17:23
275	71	29	Nick	Atkinson	Unaffiliated	MVet50	3:17:58
276	72	59	Colin	Bradley	Leighton Buzzard Triathlon Club	MVet50	3:18:01
277	69	136	Sam	Domah	Watford Joggers	MVet40	3:18:30
278	19	125	Peter	Dawes	Unaffiliated	MVet60	3:18:48
279	17	159	Katharine	Farrell	Garden City Runners	FOpen	3:18:49
280	18	421	Ruby	Spencer	Garden city runners	FOpen	3:18:52
281	70	348	Ricky	Parkins	Dacorum AC	MVet40	3:18:56
282	27	372	Becky	Rangeley	Unaffiliated	FVet40	3:19:11
283	17	72	Katie	Bunting	St Albans Striders	FVet50	3:19:53
284	73	353	Darren	Peart	Unaffiliated	MVet50	3:19:54
285	28	169	Sarah	Forster	Unaffiliated	FVet40	3:20:27
286	74	170	Neil	Forster	Unaffiliated	MVet50	3:20:30

287	75	64	Jason	Brewell	Unaffiliated	MVet50	3:20:52
288	76	174	Richard	Friend	Unaffiliated	MVet50	3:20:57
289	77	427	Pat	Stell	Unaffiliated	MVet50	3:21:02
290	19	272	Sophie	Lee	Tring RC	FOpen	3:21:35
291	20	151	Brian	Evans	Tring RC	MVet60	3:21:36
292	21	96	Tony	Clish	Burnham joggers	MVet60	3:21:49
293	71	88	Saikat	Chatterjee	Queen’s Park Harriers	MVet40	3:21:52
294	72	103	Doug	Conely	Unaffiliated	MVet40	3:22:18
295	20	381	Harriet	Roberts	Unaffiliated	FOpen	3:22:25
296	21	341	Rebecca	O'Neill	Unaffiliated	FOpen	3:22:30
297	56	111	Mark	Creeber	Unaffiliated	MOpen	3:23:05
298	18	365	Julie	Pritchett	Ampthill & Flitwick Flyers	FVet50	3:24:10
299	19	238	Jackie	Irvine	Bedford Harriers AC	FVet50	3:25:02
300	78	448	Jonathan	Thornton	Unaffiliated	MVet50	3:25:18
301	73	257	Ben	King	Unaffiliated	MVet40	3:25:22
302	22	454	Gavin	Tull	Unaffiliated	MVet60	3:26:21
303	57	242	Felix	Jebb	Unaffiliated	MOpen	3:26:56
304	58	489	Fred	Wootton	Unaffiliated	MOpen	3:26:58
305	59	378	Scott	Riggs	Unaffiliated	MOpen	3:27:00
306	60	186	Tom	Godfrey Faussett	Unaffiliated	MOpen	3:27:01
307	23	166	Sean	Flynn	Harlow RC	MVet60	3:27:12
308	6	81	Kate	Carroll	Unaffiliated	FVet60	3:27:18
309	79	172	Matthew	Fox	Olney Runners AC	MVet50	3:27:41
310	80	118	Chris	Dalton	Chiltern Trail Runners	MVet50	3:28:12
311	24	259	Simon	King	Bedford Harriers AC	MVet60	3:29:56
312	20	285	Michelle	Maloney	Dacorum AC	FVet50	3:30:29
313	81	343	Jon	Oakes	Merry Hill Climbers	MVet50	3:30:40
314	25	417	Doug	Smith	Chiltern Harriers AC	MVet60	3:31:18
315	22	412	Anna	Shierson	Ealing Eagles running club	FOpen	3:31:24
316	61	487	Tim	Woolley	On the Run Pitstone	MOpen	3:32:55
317	21	226	Johanna	Houlahan	St Albans Striders	FVet50	3:33:31
318	29	255	Ruth	Kent	Unaffiliated	FVet40	3:33:32
319	82	415	Matthew	Size	Unaffiliated	MVet50	3:33:40
320	7	114	Alison	Cronin	Burnham Joggers	FVet60	3:35:56
321	26	84	Alon	Caspi	Mornington Chasers	MVet60	3:36:13
322	74	418	Brian	Smyth	Queen’s Park Harriers	MVet40	3:36:35
323	22	351	Lena	Patel	Watford Joggers	FVet50	3:36:37
324	23	140	Kathryn	Duffy	Watford Joggers	FVet50	3:36:52
325	83	248	Adewale	Kadiri	Kesgrave Kruisers	MVet50	3:38:30
326	84	70	Martin	Bull	NLMC	MVet50	3:38:50
327	23	498	Morgan	Zagerman Vaughan	Watford Joggers	FOpen	3:39:04
328	27	278	Richard	Litwinczuk	MK Lakeside Runners	MVet60	3:39:36
329	85	11	Ashley	Allen	Unaffiliated	MVet50	3:39:40
330	24	199	Sarah	Hadingham	Finedon Gladstones	FVet50	3:39:40
331	30	249	Judith	Kariuki	Hanwood Park Runners	FVet40	3:39:40
332	25	251	Vikki	Kemp	Unaffiliated	FVet50	3:39:40
333	86	275	Blaise	Lester	Unaffiliated	MVet50	3:39:40
334	28	367	Michael	Quinn	Finedon Gladstones	MVet60	3:39:40

335	87	424	Chris	Stancombe	Unaffiliated	MVet50	3:39:40
336	29	419	Andrew	Somerville	Burnham Joggers	MVet60	3:41:50
337	26	468	Gaynor	Wallace	Leighton Buzzard Triathlon Club	FVet50	3:41:57
338	27	27	Kathy	Atkinson	Unaffiliated	FVet50	3:42:15
339	28	393	Sook	Sagong	Unaffiliated	FVet50	3:42:50
340	88	438	Paul	Tang	Unaffiliated	MVet50	3:42:53
341	30	256	Markus	Kinch	Bearbrook Running & Triathlon	MVet60	3:43:15
342	31	409	Samantha	Sheldon	Unaffiliated	FVet40	3:45:18
343	24	463	Lydia	Vye	Unaffiliated	FOpen	3:46:31
344	62	362	Jonathan	Pinder	Unaffiliated	MOpen	3:46:32
345	8	231	Maryam	Hulme	Queen’s Park Harriers	FVet60	3:47:11
346	32	155	Lucie	Fallows	Unaffiliated	FVet40	3:48:22
347	89	493	William	Wylie	Unaffiliated	MVet50	3:48:24
348	90	322	Neal	Muggleton	Unaffiliated	MVet50	3:50:27
349	9	258	Jenny	King	Bedford Harriers AC	FVet60	3:50:45
350	29	464	Maria	Waite	Dacorum AC	FVet50	3:50:53
351	33	152	Laura	Evanson	Unaffiliated	FVet40	3:53:34
352	25	138	Stefanie	Dowie	St Albans Striders	FOpen	3:53:35
353	91	51	Nathan	Blake	Gnarly Nutters	MVet50	3:54:47
354	92	52	Vincent	Blake	Hook Norton Harriers	MVet50	3:54:48
355	34	360	Lisa	Phee	Dunstable Lions RC	FVet40	3:57:02
356	75	146	Simon	Ellingham	Dunstable Lions RC	MVet40	3:57:04
357	93	271	Graham	Lee	Dunstable Lions RC	MVet50	3:58:56
358	10	443	Donna	Thomas	Unaffiliated	FVet60	4:01:35
359	11	395	Doreen	Sams	Unaffiliated	FVet60	4:05:58
360	94	383	Tim	Robinson	Fairlands Valley Spartans	MVet50	4:06:32
361	35	9	Becky	Allam	Henlowly Goats RC	FVet40	4:07:22
362	76	200	Steve	Halford	Unaffiliated	MVet40	4:07:22
363	95	23	Mark	Ashley	Unaffiliated	MVet50	4:11:10
364	30	377	Cinzia	Ricci	Watford Joggers	FVet50	4:16:20
		34	Donna	Banks	Seven Ten AC	FVet40	DNF
		60	Donovan	Bradley	Oxford Tri Club	MVet50	DNF
		142	George	Dyer	Unaffiliated	MVet40	DNF
		240	Philip	Jacobs	Harpenden Arrows	MVet50	DNF
		5	Jade	Adams	Unaffiliated	FVet50	DNS
		7	Alexander	Alanson	Unaffiliated	MVet50	DNS
		8	Andrew	Aldridge	South Cambridge Striders	MVet50	DNS
		12	Stephen	Allison	Queen’s Park Harriers	MVet50	DNS
		24	Gareth	Askey	Unaffiliated	MVet40	DNS
		25	Dean	Aston	Unaffiliated	MOpen	DNS
		31	Zoe	Bailey	Unaffiliated	FOpen	DNS
		41	Gareth	Bellamy	Tring RC	MVet50	DNS
		42	Dominic	Benson	Leighton Buzzard Triathlon Club	MOpen	DNS
		48	Khory	Blackstock	Unaffiliated	MVet40	DNS
		53	Martin	Bolger	Unaffiliated	MVet50	DNS
		54	Mark	Bonham-Carter	Unaffiliated	MVet50	DNS
		61	Olivia	Bradley	Unaffiliated	FOpen	DNS
		65	Mike	Brewer	Bedford Harriers AC	MVet50	DNS

		66	Jenny	Brown	Burnham Joggers	FVet50	DNS
		71	Philip	Bunney	Redway Runners	MOpen	DNS
		73	Sam	Burkesmith	Unaffiliated	MOpen	DNS
		76	Daniel	Butler	Unaffiliated	MVet40	DNS
		82	Phaedra	Casey	Burnham Joggers	FVet50	DNS
		83	Anne	Caspi	Mornington Chasers	FVet60	DNS
		93	Irina	Cicio	Dunstable Lions RC	FOpen	DNS
		97	Michael	Cloy	Gade valley harriers	MVet40	DNS
		98	Sam	Cockcroft	Unaffiliated	MVet40	DNS
		102	Declan	Conaty	Unaffiliated	MVet50	DNS
		106	Nick	Costin	Redway Runners	MVet60	DNS
		107	Matthew	Cowan-Dickie	Garden city runners	MVet40	DNS
		108	Morgan me	Cox	Unaffiliated	MVet50	DNS
		120	Robert	Davies	Dacorum AC	MVet50	DNS
		126	Tony	Dawson	Chiltern Harriers AC	MVet60	DNS
		127	Michael	Day	Freedom Tri	MVet50	DNS
		129	Sarah	Deas	Dacorum AC	FOpen	DNS
		132	Sarah	Dent	Queen’s Park Harriers	FVet60	DNS
		144	Jonny	Edser	Unaffiliated	MVet50	DNS
		145	Yan	Edwards	Leighton fun runners	MOpen	DNS
		162	Donna	Fiddeman	Unaffiliated	FVet40	DNS
		163	David	Field	Unaffiliated	MVet40	DNS
		177	Michael	Furness	Leighton Buzzard AC	MVet50	DNS
		179	Ryan	Galloway	Dacorum Tri Club	MVet40	DNS
		180	Jennifer	Garner	Leighton Fun Runners	FOpen	DNS
		188	Tim	Gordon	Unaffiliated	MVet50	DNS
		190	Hannah	Gray	Unaffiliated	FVet50	DNS
		191	Dave	Gray	Unaffiliated	MVet50	DNS
		192	Daniel	Green	Leighton Fun Runners	MVet50	DNS
		196	Thomas	Grundy	Lostock AC	MOpen	DNS
		197	Gina	Gurney	Leighton Fun Runners	FVet40	DNS
		198	Richard	Hacking	Dacorum AC	MVet40	DNS
		208	Oliver	Hauxwell	Harpenden Arrows	MVet40	DNS
		209	Martin	Hawke	Freedom Tri	MVet40	DNS
		212	Martin	Healey	St Albans Striders	MVet40	DNS
		220	Thomas	Hill	Mornington Chasers	MOpen	DNS
		222	Mark	Hinchliffe	Unaffiliated	MVet50	DNS
		229	Noel	Howlett	Highworth Running Club	MVet50	DNS
		236	Lee	Ingold	Unaffiliated	MVet50	DNS
		237	Caren	Ingold	Unaffiliated	FVet50	DNS
		241	Sue	Jarman	Unaffiliated	FVet60	DNS
		243	Michael	Jewell	Unaffiliated	MVet50	DNS
		246	Nick	Joseph	Gade Valley Harriers	MVet60	DNS
		250	Paul	Kellett	Tring RC	MVet50	DNS
		252	Annie	Kemp	Watford Joggers	FVet50	DNS
		253	Mark	Kennedy	St Albans Striders	MVet50	DNS
		263	Alex	Laine	Unaffiliated	MVet50	DNS
		268	Daniel	Langton	St Albans Striders	MVet40	DNS

		270	Giles	Leather	Dacorum AC	MVet50	DNS
		274	Simon	Leek	Unaffiliated	MOpen	DNS
		281	Charlotte	Maben	Unaffiliated	FOpen	DNS
		283	Tracy	Makin	Unaffiliated	FVet50	DNS
		288	Ben	Marriott	Unaffiliated	MVet40	DNS
		289	Kerri	Marshall	Unaffiliated	FVet40	DNS
		294	Ian	Mawdesley	Wrexham AAC	MVet40	DNS
		295	Lauren	Mayot	Chiltern Harriers AC	FVet40	DNS
		296	Sarah	McAuliffe	Olney Runners AC	FVet40	DNS
		297	Amber	Mcclelland	Unaffiliated	FOpen	DNS
		300	Claire	Mcdonnell	Gade Valley Harriers	FVet50	DNS
		301	Esme	McDougall	Unaffiliated	FOpen	DNS
		302	Sean	McLoughlin	Watford Joggers	MVet40	DNS
		304	Naomi	Mellor	Harpenden Arrows	FVet40	DNS
		307	Rory	Mills	Unaffiliated	MOpen	DNS
		309	Simon	Mitchell	On The Run	MVet60	DNS
		311	Leena	Modha	Redway Runners	FVet40	DNS
		312	Tom	Moreton	Tring RC	MVet50	DNS
		323	Joe	Murphy	Unaffiliated	MOpen	DNS
		326	Susan	Nash	Unaffiliated	FOpen	DNS
		331	Emily	Niekoop-Bird	Burnham Joggers	FVet40	DNS
		332	Emily	Niekoop-bird	Burnham Joggers	FVet40	DNS
		338	John	O'Grady	Chiltern Tri	MVet50	DNS
		339	Liam	O’Hara	Leighton fun runners	MOpen	DNS
		340	Thomas	O'Hare	Unaffiliated	MOpen	DNS
		344	Jon	Odonnell	Unaffiliated	MVet50	DNS
		346	Chris	Packard	Unaffiliated	MVet40	DNS
		347	Richard	Parkin	Unaffiliated	MVet60	DNS
		352	Aisling	Patterson	Harpenden Arrows	FVet50	DNS
		354	Thomas	Pedrick	Unaffiliated	MVet50	DNS
		356	Louise	Perry	Dunstable Lions RC	FVet40	DNS
		358	Rowena	Peter	Unaffiliated	FVet40	DNS
		364	Mark	Powell	Unaffiliated	MVet40	DNS
		368	Gautham	Radhakrishnan	Unaffiliated	MVet50	DNS
		373	Shefali	Rao	Metros Rc	FVet40	DNS
		374	Martin	Read	Unaffiliated	MVet50	DNS
		375	Kate	Rennie	Dacorum AC	FVet50	DNS
		380	Guy	Roberts	Oxford Tri Club	MVet50	DNS
		386	magnus	rossa	Unaffiliated	MOpen	DNS
		388	Steven	Russell	Dacorum AC	MVet50	DNS
		392	Philip	Rutnam	Mornington Chasers	MVet60	DNS
		394	Musty	Salih	Shires Triers	MVet60	DNS
		398	Rob	Scott	Unaffiliated	MVet50	DNS
		401	Roy	Scott	Southend AC	MVet40	DNS
		404	Joshua	Serdet	Unaffiliated	MOpen	DNS
		411	Nick	Shelley	Leighton Fun Runners	MVet40	DNS
		414	George	Sibley	Unaffiliated	MVet60	DNS
		416	Martin	Slevin	Headington Road Runners	MVet60	DNS

		422	Richard	Springall	Unaffiliated	MOpen	DNS
		426	Katie	Stanton	Unaffiliated	FOpen	DNS
		428	Sarah	Stilwell	Unaffiliated	FVet40	DNS
		429	Jennifer	Strasburg	Unaffiliated	FVet50	DNS
		433	Neil	Sullivan	Unaffiliated	MVet50	DNS
		434	Samantha	Sullivan	Dacorum AC	FVet50	DNS
		435	Vadims	Sumenkovs	Dacorum AC	MOpen	DNS
		437	Phil	Swarbrick	Unaffiliated	MVet40	DNS
		439	David	Taylor	Unaffiliated	MVet60	DNS
		441	Anna	Tems	Bedford Harriers AC	FVet40	DNS
		442	Nigel	Texeira	Watford Joggers	MVet50	DNS
		446	Mark	Thompson	The Jaffa's	MVet50	DNS
		456	Felix	Turk	Unaffiliated	MOpen	DNS
		461	Charles	Vickers	Unaffiliated	MVet40	DNS
		466	James	Walker	Unaffiliated	MVet40	DNS
		469	James	Waller	Unaffiliated	MVet40	DNS
		478	David	White	Harpenden Arrows	MVet50	DNS
		480	Aidan	Whitelaw	Unaffiliated	MVet40	DNS
		484	Carys	Williams	Unaffiliated	FVet40	DNS
		485	Jonathan	Williams	Unaffiliated	MVet40	DNS
		491	Joe	Wright	Unaffiliated	MOpen	DNS