

Ashridge Boundary Run - 23rd March 2024 Final Results							
Pos	Cat Pos	Bib	First name	Last name	Team name	Category	Time
1	1	41	Robert	Barnes	Stopsley Striders	Male Open	1:57:06.6
2	2	293	Jacob	James	St Albans Striders	Male Open	1:59:53.4
3	3	244	Oliver	Grimmette	Unaffiliated	Male Open	2:01:41.4
4	1	51	Richard	Bedlow	Tring RC	Male Vet 40	2:03:33.6
5	2	572	Piers	Vallance	Redway Runners	Male Vet 40	2:03:50.4
6	4	602	Fraser	Willcox	Tring RC	Male Open	2:06:39.0
7	5	31	Mark	Baines	Vale Of Aylesbury AC	Male Open	2:06:46.6
8	6	112	Douglas	Coleman	Dacorum Athletic Club	Male Open	2:06:55.6
9	1	504	Frank	Ryan	Watford Joggers	Male Vet 50	2:08:25.6
10	7	443	Thomas	Parmenter	Unaffiliated	Male Open	2:11:30.3
11	8	616	Ellis	Woolley	Unaffiliated	Male Open	2:11:53.0
12	3	282	Martin	Hughes	Ampthill & Flitwick Flyers RC	Male Vet 40	2:11:58.1
13	4	194	Alistair	Flowers	Stopsley Striders	Male Vet 40	2:12:20.2
14	5	482	Chris	Reason	Gade Valley Harriers	Male Vet 40	2:13:03.6
15	6	1	Nick	Acton	Harpenden Arrows	Male Vet 40	2:13:52.0
16	7	511	Alan	Scott	Clapham Chasers	Male Vet 40	2:14:10.2
17	9	254	Will	Harding	Leighton Buzzard Athletic Club	Male Open	2:15:05.9
18	8	419	Alex	Newman-Smith	Unaffiliated	Male Vet 40	2:15:21.9
19	9	136	Carl	Dalkin	Leighton Buzzard Athletic Club	Male Vet 40	2:15:30.5
20	10	264	Sam	Hazelton	Unaffiliated	Male Vet 40	2:16:26.0
21	10	173	Tom	Ellerton	Leighton Buzzard Athletic Club	Male Open	2:17:40.9
22	11	288	David	l'Anson	Unaffiliated	Male Open	2:17:51.7
23	12	202	Joshua	Frewin	Tring RC	Male Open	2:18:03.1
24	13	478	Tom	Rankin	Stopsley Striders	Male Open	2:18:20.0
25	2	121	Darren	Cornish	Dunstable Lions RC	Male Vet 50	2:18:22.5
26	14	389	James	McWilliam	Unaffiliated	Male Open	2:19:07.7
27	3	326	Chris	Knight	Team Trident	Male Vet 50	2:19:25.4
28	15	105	Roger	Clarke	Tring RC	Male Open	2:19:29.2
29	11	444	Chris	Parson	Huntingdonshire Athletics Club	Male Vet 40	2:19:46.1
30	12	182	Mark	Fallowfield-Smith	Unaffiliated	Male Vet 40	2:19:55.9
31	16	537	Nicholas	Stallman	Tring RC	Male Open	2:20:17.6
32	17	359	Matthew	Ma	Leighton Fun Runners	Male Open	2:20:29.0
33	4	251	Mark	Hammond	Harpenden Arrows	Male Vet 50	2:21:20.2
34	13	462	Ammon	Piegrass	Harpenden Arrows	Male Vet 40	2:21:52.3
35	14	139	Chris	Davies	Unaffiliated	Male Vet 40	2:22:00.2
36	1	250	Claire	Hallissey	Dacorum Athletic Club	Female Vet 40	2:22:15.8
37	15	217	Gideon	Glassman	Unaffiliated	Male Vet 40	2:22:38.7
38	16	279	Giles	Horridge	Harpenden Arrows	Male Vet 40	2:22:50.0
39	18	229	Daniel	Gott	Unaffiliated	Male Open	2:22:59.1
40	19	218	David	Glencross	Unaffiliated	Male Open	2:24:05.5
41	20	216	Nathan	Gillott-Jones	Unaffiliated	Male Open	2:24:27.1
42	17	289	peter	illingworth	Redway Runners	Male Vet 40	2:25:12.3
43	18	97	Lexi	Cherniavsky	Unaffiliated	Male Vet 40	2:25:37.0
44	19	96	Tim	Charters	London Frontrunners	Male Vet 40	2:25:49.4
45	1	391	Lauren	Mead	Leighton Buzzard Athletic Club	Female Open	2:26:16.4
46	5	595	Graham	White	Unaffiliated	Male Vet 50	2:27:34.7
47	21	620	Kallum	Wright	Stopsley Striders	Male Open	2:27:46.5

48	20	487	Marvin	Reynolds	Unaffiliated	Male Vet 40	2:28:02.3
49	21	378	Jerome	McAllister	Tring RC	Male Vet 40	2:28:12.6
50	22	516	James	Seddon	Unaffiliated	Male Open	2:28:23.1
51	22	586	Oliver	Webb	Unaffiliated	Male Vet 40	2:28:52.2
52	23	384	William	McDermott	Unaffiliated	Male Open	2:28:56.2
53	24	523	Nick	Shelley	Leighton Fun Runners	Male Open	2:28:58.4
54	25	427	Sam	Nunn	Chapel Allerton Runners	Male Open	2:29:01.6
55	2	317	Fiona	Kelleher	Chiltern Harriers	Female Open	2:29:04.2
56	26	331	Matt	Lampey	Unaffiliated	Male Open	2:29:17.4
57	6	115	Simon	Cook	Olney Runners AC	Male Vet 50	2:29:37.2
58	2	69	Rosie	Booth	Leighton Fun Runners	Female Vet 40	2:29:41.9
59	27	290	Christian	Isaacson	Great Yarmouth Road Runners	Male Open	2:30:06.1
60	28	498	Adam	Rossington	Team Trident	Male Open	2:30:33.9
61	29	496	Paul	Rose	Unaffiliated	Male Open	2:30:49.2
62	7	58	Guy	Blackden	Heathfield RRC	Male Vet 50	2:31:14.2
63	30	467	Stephen	Pitchers	Unaffiliated	Male Open	2:31:51.9
64	31	571	Felix	Turk	Unaffiliated	Male Open	2:32:57.5
65	8	557	Mike	Thomas	Ranelagh Harriers	Male Vet 50	2:33:08.9
66	23	116	Stuart	Cooke	Trident	Male Vet 40	2:33:26.4
67	9	32	Jason	Baker	Unaffiliated	Male Vet 50	2:33:29.5
68	24	318	Roland	Kemp	Tring RC	Male Vet 40	2:33:30.2
69	10	172	Steve	Ellerd-Elliott	Garden City Runners	Male Vet 50	2:33:34.0
70	32	118	James	Cooper	Unaffiliated	Male Open	2:34:02.8
71	25	560	Will	Thurley	Unaffiliated	Male Vet 40	2:34:13.4
72	26	398	Andrew	Moffatt	Unaffiliated	Male Vet 40	2:34:48.4
73	33	302	Nick	Jelfs	Unaffiliated	Male Open	2:35:09.6
74	27	362	Rod	MacLennan	Unaffiliated	Male Vet 40	2:35:22.8
75	28	239	Daniel	Green	Leighton Fun Runners	Male Vet 40	2:35:37.0
76	1	56	Daniel	Berry	Mornington Chasers	Male Vet 60	2:35:37.1
77	29	461	Tom	Pickthorn	Unaffiliated	Male Vet 40	2:35:57.7
78	30	431	Paul	O'Neill	Harpenden Arrows	Male Vet 40	2:36:05.3
79	31	587	Nick	Webster	Unaffiliated	Male Vet 40	2:36:06.6
80	11	43	Kevin	Barrett	Watford Joggers	Male Vet 50	2:36:07.3
81	12	429	John	O'Grady	Chiltern Tri	Male Vet 50	2:36:10.6
82	1	363	Alison	Macmaster	Unaffiliated	Female Vet 50	2:36:20.5
83	34	568	Michael	Tucker	Stopsley Striders	Male Open	2:36:30.0
84	32	266	Gabriel	Heaton	Tring RC	Male Vet 40	2:36:42.0
85	13	257	Steve	Harrison	Leighton Fun Runners	Male Vet 50	2:36:58.4
86	14	377	Gavin	May	Team Trident	Male Vet 50	2:37:05.6
87	15	37	Dan	Barber	Tring RC	Male Vet 50	2:37:06.3
88	3	480	Hazel	Reade	London Frontrunners	Female Open	2:37:11.6
89	33	396	Jem	Mitchell	Unaffiliated	Male Vet 40	2:37:13.0
90	16	489	Paul	Ridgley	Thame runners	Male Vet 50	2:37:24.7
91	17	311	Andrew	Jones	Olney Runners AC	Male Vet 50	2:37:27.8
92	34	495	Craig	Rose	Unaffiliated	Male Vet 40	2:37:33.7
93	35	555	Joseph	Teal	Unaffiliated	Male Open	2:38:28.6
94	36	286	James	Husband	Unaffiliated	Male Open	2:38:43.3
95	18	160	Paul	Doyle	Whitby Running Club	Male Vet 50	2:38:53.1

96	37	213	Paul	GILLARD	Unaffiliated	Male Open	2:38:53.7
97	35	75	Will	Brotherston	Watford Joggers	Male Vet 40	2:39:20.3
98	4	245	Anna-Lena	Gruenacher	Unaffiliated	Female Open	2:39:42.9
99	19	421	Sean	Nicolle	Oxford Tri	Male Vet 50	2:40:19.8
100	38	517	Ed	Shakespeare	Hyde Park Harriers	Male Open	2:40:23.1
101	20	6	Shamsher	Albert	Ely runners	Male Vet 50	2:40:36.1
102	39	450	Cameron	Pearce	Unaffiliated	Male Open	2:40:38.6
103	5	564	Lucy	Treleaven	Stopsley Striders	Female Open	2:40:45.1
104	6	285	Pippa	Hunn	Unaffiliated	Female Open	2:41:33.6
105	36	388	Sean	McLoughlin	Watford Joggers	Male Vet 40	2:41:46.3
106	37	249	Oli	Hall	Unaffiliated	Male Vet 40	2:41:50.0
107	38	406	Simon	Morris	Gade Valley Harriers	Male Vet 40	2:41:53.0
108	39	345	Stephen	Lindley-Jones	Unaffiliated	Male Vet 40	2:41:53.4
109	40	344	Alan	Li	Unaffiliated	Male Vet 40	2:41:54.0
110	41	351	Anthony	Lombardi	Leighton Fun Runners	Male Vet 40	2:42:17.0
111	40	472	George	Pritchard-Rowe	Unaffiliated	Male Open	2:42:40.4
112	41	3	Neil	Adcock	Tring RC	Male Open	2:42:41.0
113	42	376	Ian	Mawdesley	Wrexham AAC	Male Vet 40	2:42:50.4
114	43	529	Neil	Slaven	Trident	Male Vet 40	2:42:54.9
115	21	447	Mark	Patterson	Oxford Tri	Male Vet 50	2:42:57.0
116	44	46	Paul	Bayley	Tring RC	Male Vet 40	2:42:59.3
117	22	370	Frank	Martin	Unaffiliated	Male Vet 50	2:43:15.7
118	45	297	Kieren	Jarratt	Unaffiliated	Male Vet 40	2:43:16.4
119	42	424	Ed	Norris	Wellingborough & District AC	Male Open	2:43:25.7
120	46	303	Martin	Jensen	Unaffiliated	Male Vet 40	2:43:26.3
121	7	230	Laura	Gott	Unaffiliated	Female Open	2:43:46.7
122	3	113	Victoria	Coleman	Dacorum Athletic Club	Female Vet 40	2:43:50.5
123	23	94	john	cavill	Unaffiliated	Male Vet 50	2:43:52.7
124	24	199	Matt	Fowler-Jones	Handy Cross Runners	Male Vet 50	2:44:00.8
125	25	394	Andrew	Merry	Unaffiliated	Male Vet 50	2:44:02.2
126	47	364	Neil	Macmurdie	Unaffiliated	Male Vet 40	2:44:48.6
127	26	319	Simon	Kennedy	Unaffiliated	Male Vet 50	2:45:15.8
128	43	242	James	Gregory	Unaffiliated	Male Open	2:45:19.2
129	44	570	Toby	Turk	Daventry Road Runners	Male Open	2:46:18.8
130	2	70	Emma	Bradbury	Tring RC	Female Vet 50	2:46:19.6
131	48	611	Duncan	Winner	Olney Runners AC	Male Vet 40	2:46:22.8
132	49	357	Adrian	Lysak	Unaffiliated	Male Vet 40	2:46:37.4
133	50	536	Dano	Stack	Boxfit	Male Vet 40	2:46:47.9
134	27	67	Mark	Bonham-Carter	Unaffiliated	Male Vet 50	2:46:53.8
135	28	228	David	Gott	Unaffiliated	Male Vet 50	2:47:23.9
136	45	417	Laurence	Nee	Unaffiliated	Male Open	2:47:27.1
137	51	77	Huw	Brown	Unaffiliated	Male Vet 40	2:47:27.6
138	29	151	Stuart	Dimmock	Leighton Buzzard Athletic Club	Male Vet 50	2:47:48.1
139	4	556	Anna	Tems	Bedford Harriers AC	Female Vet 40	2:47:58.2
140	52	306	Dan	Johnson	Unaffiliated	Male Vet 40	2:48:01.8
141	46	577	Peter	Waddingham	Unaffiliated	Male Open	2:48:03.9
142	30	502	Philip	Rutnam	Mornington Chasers	Male Vet 50	2:48:08.2
143	47	514	Nicholas	Screen	Harpenden Arrows	Male Open	2:48:16.3

144	48	515	James	Screen	Southwark Athletics Club	Male Open	2:48:16.8
145	31	24	Neal	Ashton	Dacorum & Tring AC	Male Vet 50	2:48:27.3
146	53	532	Ian	Smith	Unaffiliated	Male Vet 40	2:48:51.6
147	54	109	Sam	Cockcroft	Unaffiliated	Male Vet 40	2:49:12.9
148	55	291	James	Izzard	St Albans Striders	Male Vet 40	2:49:16.8
149	49	513	Will	Scott	Unaffiliated	Male Open	2:49:18.6
150	56	471	Gavin	Prechner	Leighton Fun Runners	Male Vet 40	2:49:21.2
151	57	547	Daniel	Sutton	Unaffiliated	Male Vet 40	2:49:27.1
152	50	45	Tom	Batchelor	Unaffiliated	Male Open	2:49:30.2
153	32	42	David	Barr	Harpenden Arrows	Male Vet 50	2:49:41.4
154	58	36	Mat	Barber	Southwark Athletics Club	Male Vet 40	2:49:49.9
155	59	490	Will	Roberts	Unaffiliated	Male Vet 40	2:49:52.4
156	60	434	Anthony	Oneil	Olney Runners AC	Male Vet 40	2:50:00.1
157	33	561	Mark	Tikaram	Tring RC	Male Vet 50	2:50:03.2
158	5	200	Charmain	Fowler-Jones	Handy Cross Runners	Female Vet 40	2:50:18.3
159	6	126	Lily	Crank	Unaffiliated	Female Vet 40	2:51:15.9
160	61	393	Phil	Mercer	Gade Valley Harriers	Male Vet 40	2:51:16.6
161	7	430	Liz	O'keeffe	Tring RC	Female Vet 40	2:51:35.2
162	34	361	Jason	Mackerness	Unaffiliated	Male Vet 50	2:51:56.3
163	62	163	Michael	Duffy	Unaffiliated	Male Vet 40	2:52:02.1
164	35	617	Andrew	Woolstone	Unaffiliated	Male Vet 50	2:52:13.4
165	36	198	Tim	Fowler	Unaffiliated	Male Vet 50	2:52:15.5
166	63	256	Craig	Harris	Unaffiliated	Male Vet 40	2:52:41.1
167	64	593	Crispin	Wells	Royston Runners	Male Vet 40	2:52:42.2
168	37	372	Jono	Marval	Gade Valley Harriers	Male Vet 50	2:52:43.1
169	51	307	Jack	Johnson	Unaffiliated	Male Open	2:52:43.7
170	65	300	Peter	Jasko	Garden City Runners	Male Vet 40	2:52:49.1
171	66	301	Michal	Jaworski	Unaffiliated	Male Vet 40	2:52:51.6
172	8	476	Jo	Radford Cutler	Leighton Buzzard Athletic Club	Female Vet 40	2:52:54.2
173	3	320	Claire	Kenney	Tring RC	Female Vet 50	2:52:58.9
174	38	601	Greg	Wiley	Unaffiliated	Male Vet 50	2:53:00.0
175	39	598	Stuart	Whitford	Garden City Runners	Male Vet 50	2:53:02.9
176	52	265	Luke	Hazelton	Unaffiliated	Male Open	2:53:09.0
177	67	423	Robert	Norris	Reddings Wood	Male Vet 40	2:53:12.1
178	9	567	Suzy	Trott	Unaffiliated	Female Vet 40	2:53:16.2
179	40	16	Martyn	Annetts	Unaffiliated	Male Vet 50	2:53:16.7
180	8	204	Kati	Frohs	Unaffiliated	Female Open	2:53:31.2
181	41	28	Richard	Baddon	Tring RC	Male Vet 50	2:53:32.2
182	42	501	Craig	Rowand	Run Redbourn	Male Vet 50	2:53:33.3
183	43	330	Alex	Laine	Unaffiliated	Male Vet 50	2:53:46.4
184	68	35	Wesley	Ball	Unaffiliated	Male Vet 40	2:53:50.5
185	53	539	James	Stanger	Unaffiliated	Male Open	2:53:55.5
186	54	287	Alexander	Hutchings	Unaffiliated	Male Open	2:53:56.1
187	55	88	George	Camm	Unaffiliated	Male Open	2:53:59.6
188	69	337	Sonny	Le	Unaffiliated	Male Vet 40	2:54:00.6
189	70	92	Alastair	Cartwright	Run Redbourn	Male Vet 40	2:54:01.4
190	10	127	Victoria	Crawley-Wise	Gade Valley Harriers	Female Vet 40	2:54:06.7
191	2	122	Nick	Costin	Redway Runners	Male Vet 60	2:54:25.9

192	44	132	Patrick	Cruywagen	Unaffiliated	Male Vet 50	2:54:34.1
193	71	83	Adam	Butler	Unaffiliated	Male Vet 40	2:54:36.1
194	45	505	Alun	Sainsbury	Unaffiliated	Male Vet 50	2:54:48.4
195	56	212	Nick	Gill	Fairlands Valley Spartans	Male Open	2:55:00.3
196	72	623	Michael	Young	Unaffiliated	Male Vet 40	2:55:09.9
197	73	29	Stuart	Bailey	Dacorum Athletic Club	Male Vet 40	2:55:10.5
198	9	183	Nikki	Fallowfield-Smith	Unaffiliated	Female Open	2:55:20.1
199	57	177	Jack	Evans	Unaffiliated	Male Open	2:55:38.2
200	46	385	Paul	Mcdonagh	Unaffiliated	Male Vet 50	2:55:40.5
201	3	603	Neil	Willcox	Unaffiliated	Male Vet 60	2:55:49.0
202	74	210	Harry	Gibson	Unaffiliated	Male Vet 40	2:56:21.1
203	47	237	Steve	Green	Harpenden Arrows	Male Vet 50	2:56:23.5
204	11	408	Amanda	Morris	Unaffiliated	Female Vet 40	2:56:26.1
205	48	518	David	Shakespeare	Olney Runners AC	Male Vet 50	2:56:29.9
206	75	439	Ben	Painter	Unaffiliated	Male Vet 40	2:56:37.4
207	12	299	Hannah	Jarvis	Unaffiliated	Female Vet 40	2:56:38.1
208	49	368	Lee	Mansfield	Unaffiliated	Male Vet 50	2:56:39.0
209	13	499	Joanna	Rossini	Redway Runners	Female Vet 40	2:56:40.7
210	76	373	James	Mason	Unaffiliated	Male Vet 40	2:56:49.3
211	77	269	Kevin	Higby	Leighton Buzzard Triathlon Club	Male Vet 40	2:56:51.2
212	78	74	Mike	Brewer	Bedford Harriers AC	Male Vet 40	2:57:44.4
213	58	548	Nicholas	Tappin	Unaffiliated	Male Open	2:57:46.1
214	14	281	Ali	How	VocaLink Mastercard Running C	Female Vet 40	2:57:59.0
215	50	584	Mark	Wardell	Unaffiliated	Male Vet 50	2:57:59.6
216	59	236	Daniel	Green	Gade Valley Harriers	Male Open	2:58:09.0
217	51	573	Leendert	Van De Linde	Tring RC	Male Vet 50	2:58:17.4
218	4	386	Claire	Mcdonnell	Gade Valley Harriers	Female Vet 50	2:58:21.7
219	10	176	Jessica	Evans	Unaffiliated	Female Open	2:58:57.0
220	52	494	Ian	Rogers	Unaffiliated	Male Vet 50	2:59:05.8
221	79	452	clive	pereira	Unaffiliated	Male Vet 40	2:59:09.6
222	11	379	Sarah	Mcauliffe	Olney Runners AC	Female Open	2:59:13.8
223	53	464	robert	pinfield	Shires Triers	Male Vet 50	2:59:17.2
224	54	26	James	Atkinson	Bo Street Runners	Male Vet 50	3:00:11.3
225	5	316	Sarah	Keane	Leighton Buzzard Athletic Club	Female Vet 50	3:00:14.6
226	4	208	Paul	Gatens	Garden City Runners	Male Vet 60	3:00:17.6
227	15	225	Nicola	Goodwin	Trident	Female Vet 40	3:00:21.0
228	80	259	Stewart	Harrison	Unaffiliated	Male Vet 40	3:00:21.9
229	55	540	Chris	Stenner	Leighton Fun Runners	Male Vet 50	3:00:38.5
230	81	270	Francis	Higgins	Bo Street Runners	Male Vet 40	3:01:07.1
231	12	11	naseem	allmomen	London Fronrunners	Female Open	3:01:14.4
232	82	187	Dave	Fellowes	Dacorum Athletic Club	Male Vet 40	3:01:25.1
233	13	581	Lucy	Wallduck	Dacorum Athletic Club	Female Open	3:01:25.8
234	16	610	Lucy	Wilson-Shaw	London Fronrunners	Female Vet 40	3:01:36.5
235	83	157	Chris	Dowling	Gade Valley Harriers	Male Vet 40	3:01:40.2
236	1	367	John	Manning	Tring RC	Male Vet 70	3:01:40.8
237	56	324	Martin	Kidney	Dunstable Lions RC	Male Vet 50	3:01:43.7
238	84	133	Steve	Culverwell	Unaffiliated	Male Vet 40	3:01:45.1
239	17	238	Isabel	Green	Harpenden Arrows	Female Vet 40	3:02:47.9

240	85	582	James	Waller	Unaffiliated	Male Vet 40	3:02:58.4
241	57	234	Dave	Gray	Unaffiliated	Male Vet 50	3:02:59.6
242	14	47	Chloe	Bazlen	Mornington Chasers	Female Open	3:03:09.1
243	60	203	Jon	Friend	Unaffiliated	Male Open	3:03:15.4
244	61	95	Keith	Chapman	Unaffiliated	Male Open	3:03:32.3
245	86	125	Justin	Crook	Olney Runners AC	Male Vet 40	3:03:33.0
246	6	273	Karen	Hogan	Unaffiliated	Female Vet 50	3:03:40.8
247	18	310	Mary	Jones	Olney Runners AC	Female Vet 40	3:03:46.4
248	19	624	Magda	Zarzecka	on the run	Female Vet 40	3:03:52.2
249	58	451	Darren	Peart	Unaffiliated	Male Vet 50	3:03:53.2
250	5	525	George	Sibley	Unaffiliated	Male Vet 60	3:04:06.4
251	20	465	Helen	Pinnington	Unaffiliated	Female Vet 40	3:04:22.3
252	21	222	Suzanne	Godman	Unaffiliated	Female Vet 40	3:04:36.1
253	87	358	Philip	Lythgoe	Unaffiliated	Male Vet 40	3:04:42.3
254	59	305	Mark	Johnson	Olney Runners AC	Male Vet 50	3:05:07.9
255	60	428	James	O'Connell	Beachampton Running Club	Male Vet 50	3:05:10.2
256	62	535	Mike	Spencer	Unaffiliated	Male Open	3:05:13.8
257	88	154	Brian	Doogan	Unaffiliated	Male Vet 40	3:05:15.0
258	63	414	Shaun	Mutter	Stopsley Striders	Male Open	3:05:19.4
259	22	336	Tina	Le	Dacorum Athletic Club	Female Vet 40	3:05:22.6
260	61	341	Blaise	Lester	Unaffiliated	Male Vet 50	3:05:36.9
261	64	197	Joe	Forrest	Unaffiliated	Male Open	3:05:59.0
262	89	342	Baptiste	Leurent	Unaffiliated	Male Vet 40	3:06:14.9
263	90	156	Paul	Douglass	Unaffiliated	Male Vet 40	3:06:24.6
264	61	169	William	Echlin	Unaffiliated	Male Vet 50	3:06:28.8
265	15	150	Liz	Dickinson	Team Trident	Female Open	3:06:30.1
266	6	231	Colin	Grace	Garden City Runners	Male Vet 60	3:06:51.2
267	7	599	Colin	Whittaker	Redway Runners	Male Vet 60	3:06:55.3
268	91	433	Stuart	Ogier	Unaffiliated	Male Vet 40	3:07:06.0
269	63	30	Andy	Bain	Serpentine RC	Male Vet 50	3:07:08.7
270	8	397	Simon	Mitchell	On the Run Aylesbury	Male Vet 60	3:07:13.8
271	92	436	Chris	Packard	Unaffiliated	Male Vet 40	3:07:36.1
272	93	57	Ian	Birkett	Unaffiliated	Male Vet 40	3:07:36.6
273	94	240	Rick	Gregory	WTF Personal Training	Male Vet 40	3:08:01.9
274	16	460	Charlotte	Phillipson	Unaffiliated	Female Open	3:08:05.9
275	64	60	Stephen	Bladen	Tring RC	Male Vet 50	3:08:16.6
276	95	333	Dean	Langton	Unaffiliated	Male Vet 40	3:08:26.1
277	96	170	Jonathan	Edser	Unaffiliated	Male Vet 40	3:08:31.2
278	97	89	James	Campbell	Unaffiliated	Male Vet 40	3:08:33.2
279	98	503	eugene	ryan	SGFS	Male Vet 40	3:08:36.7
280	9	4	Roger	Adey	Garden City Runners	Male Vet 60	3:08:50.4
281	99	220	Duncan	Godfrey	Team Trident	Male Vet 40	3:08:51.6
282	65	338	Giles	Leather	Dacorum & Tring AC	Male Vet 50	3:09:25.2
283	66	543	David	Stevens	Unaffiliated	Male Vet 50	3:09:31.2
284	67	175	Brian	Evans	Tring RC	Male Vet 50	3:09:37.5
285	68	420	Chris	Nicholls	Dacorum Athletic Club	Male Vet 50	3:09:41.7
286	23	552	Emily	Taylor	Triforce	Female Vet 40	3:09:42.2
287	24	275	Lorna	Hooks	Unaffiliated	Female Vet 40	3:09:58.7

288	100	8	Rob	Allen	Unaffiliated	Male Vet 40	3:10:01.4
289	101	371	John	Martin	Unaffiliated	Male Vet 40	3:10:21.9
290	102	468	Andrew	Pocock	Garden City Runners	Male Vet 40	3:10:29.4
291	17	409	Ellie	Morris	Unaffiliated	Female Open	3:10:30.1
292	18	544	Eloise	Strevens	Unaffiliated	Female Open	3:10:35.6
293	25	162	Clare	Duffy	Unaffiliated	Female Vet 40	3:10:41.7
294	69	562	graham	tippett	Your Town Runners EN8	Male Vet 50	3:10:42.5
295	19	607	Emma	Williams	Unaffiliated	Female Open	3:10:45.6
296	65	606	Guy	Williams	Unaffiliated	Male Open	3:11:06.8
297	20	613	Vicky	Woodley	Unaffiliated	Female Open	3:11:07.3
298	103	81	Andrew	Bunker	Higham Harriers	Male Vet 40	3:11:17.6
299	104	527	James	Simons	Buckingham & Stowe RC	Male Vet 40	3:11:18.2
300	70	313	Steven	Jones	Unaffiliated	Male Vet 50	3:11:28.1
301	2	608	Martin	Wilson	Berkshire Orienteers	Male Vet 70	3:11:29.2
302	66	507	Christoph	Sanders	Unaffiliated	Male Open	3:11:37.1
303	71	211	James	Giffen	St Albans Striders	Male Vet 50	3:11:52.3
304	7	148	Sally	Dickinson	Leighton Buzzard Fun Runners	Female Vet 50	3:12:01.3
305	67	168	Larry	Eaton	Unaffiliated	Male Open	3:12:15.9
306	72	19	Shaun	Appleton	Unaffiliated	Male Vet 50	3:12:16.8
307	21	332	Harriet	Lampey	Ashridge Canicrossers	Female Open	3:12:18.9
308	22	124	Nikki	Cowen	Garden City Runners	Female Open	3:12:39.2
309	73	186	Mauro	Fasti	Watford Joggers	Male Vet 50	3:12:40.0
310	1	68	Clare	Bonnick	Watford Joggers	Female Vet 60	3:12:41.7
311	74	315	Adewale	Kadiri	Avon Valley Runners	Male Vet 50	3:12:52.6
312	105	82	Anthony	Bunker	St Albans Striders	Male Vet 40	3:13:39.2
313	106	223	Chris	Golden	Unaffiliated	Male Vet 40	3:13:41.5
314	107	390	Andrew	McWilliams	Unaffiliated	Male Vet 40	3:14:05.8
315	75	247	David	Halden	Unaffiliated	Male Vet 50	3:14:07.5
316	108	9	Joby	Allen	Unaffiliated	Male Vet 40	3:14:26.4
317	109	415	Tibi	Nagy	BSR	Male Vet 40	3:14:27.2
318	76	138	Robert	Davies	Dacorum Athletic Club	Male Vet 50	3:14:27.8
319	26	521	leanne	Sheldon	St Albans Striders	Female Vet 40	3:15:16.0
320	68	469	Jonathan	Powell	Bedford Harriers AC	Male Open	3:15:18.5
321	110	509	Thomas	Sauka	Fairlands Valley Spartans	Male Vet 40	3:15:21.8
322	111	221	Matthew	Godman	Unaffiliated	Male Vet 40	3:15:24.2
323	27	61	Louise	Bladen	Tring RC	Female Vet 40	3:15:34.9
324	28	432	Therese	O'Riordan	Olney Runners AC	Female Vet 40	3:15:50.9
325	69	435	Richard	Osterloh	On the Run Pitstone	Male Open	3:16:09.0
326	70	483	Kieran	Reddie	Unaffiliated	Male Open	3:16:37.7
327	29	18	Chloe	Apicella	Unaffiliated	Female Vet 40	3:16:39.2
328	30	585	Cathy	Watkins	Run Sunday?	Female Vet 40	3:17:11.1
329	112	277	Robert	Horn	Run Sunday?	Male Vet 40	3:17:12.3
330	2	519	Sarah	Sharman	Watford Joggers	Female Vet 60	3:17:13.3
331	8	34	Emma	Balfe	Watford Joggers	Female Vet 50	3:17:18.6
332	9	438	Carole	Page	Tring RC	Female Vet 50	3:17:58.9
333	77	135	Jeremy	Curtis	Unaffiliated	Male Vet 50	3:18:09.9
334	23	145	Sarah	Deas	Dacorum Athletic Club	Female Open	3:18:53.0
335	31	253	Kirstie	Hardiman	Gade Valley Harriers	Female Vet 40	3:19:20.4

336	24	405	Katie	Morgan-Williams	Unaffiliated	Female Open	3:19:23.7
337	3	91	Kate	Carroll	Unaffiliated	Female Vet 60	3:19:24.6
338	113	579	Philip	Walker	Unaffiliated	Male Vet 40	3:20:24.3
339	71	161	Jack	Dudley	Ridgeway explorer's	Male Open	3:21:22.9
340	25	191	Kirsty	Fitz-Poole	London Fronrunners	Female Open	3:21:33.7
341	114	413	Mark	Munnich	Unaffiliated	Male Vet 40	3:21:38.1
342	32	520	Lucinda	Shaw	Unaffiliated	Female Vet 40	3:23:09.0
343	78	40	Christoph	Barnes	Olney Runners AC	Male Vet 50	3:24:02.1
344	72	340	Simon	Leek	Unaffiliated	Male Open	3:24:02.8
345	26	276	Georgie	Hooper	Fairlands Valley Spartans	Female Open	3:24:20.0
346	73	453	Thomas	Perry	Gade Valley Harriers	Male Open	3:24:24.0
347	79	155	Nigel	Douglas	Harpenden Arrows	Male Vet 50	3:24:42.5
348	33	184	Margaret	Fanagan	Watford Joggers	Female Vet 40	3:25:57.9
349	80	407	Steve	Morris	Unaffiliated	Male Vet 50	3:26:05.5
350	115	545	Adam	Studman	Unaffiliated	Male Vet 40	3:26:14.0
351	81	524	Gavin	Shurmer	Unaffiliated	Male Vet 50	3:26:16.9
352	82	71	Colin	Bradley	Leighton Buzzard Triathlon Club	Male Vet 50	3:26:38.6
353	83	106	Phil	Clemas	Unaffiliated	Male Vet 50	3:27:30.1
354	3	334	Gerry	Langton	Watford Joggers	Male Vet 70	3:27:57.4
355	84	347	Richard	Lipscombe	On the Run Pitstone	Male Vet 50	3:27:58.1
356	10	252	Helen	Harbrow	Watford Joggers	Female Vet 50	3:28:17.9
357	85	167	Ian	Early	Dunstable Lions RC	Male Vet 50	3:28:54.1
358	34	400	Emma	Moore	Wellingborough & District AC	Female Vet 40	3:28:56.0
359	35	108	Jane	Cobell	Unaffiliated	Female Vet 40	3:29:14.2
360	11	486	Charlotte	Reynolds	Unaffiliated	Female Vet 50	3:29:22.3
361	27	185	Katharine	Farrell	Garden City Runners	Female Open	3:29:24.5
362	86	262	John	Haworth	Unaffiliated	Male Vet 50	3:29:26.3
363	116	130	Henry	Cross	Unaffiliated	Male Vet 40	3:30:07.2
364	36	205	Anna	Fryer	Bearbrook Running Club	Female Vet 40	3:30:10.1
365	37	158	Sarah	Downing	Unaffiliated	Female Vet 40	3:31:03.2
366	10	437	Stuart	Page	Tring RC	Male Vet 60	3:31:39.1
367	28	54	Sophie	Bennet	Wimbledon Windmilers	Female Open	3:31:39.8
368	12	248	Suzie	Hall	David Lloyd Redway Runners	Female Vet 50	3:32:13.1
369	13	159	Sam	Downton	Redway Runners	Female Vet 50	3:32:38.7
370	87	618	David	Worcester	St Albans Striders	Male Vet 50	3:32:39.3
371	38	387	Elizabeth	McGill	Unaffiliated	Female Vet 40	3:32:40.8
372	39	528	Jane	Simons	Unaffiliated	Female Vet 40	3:32:41.7
373	14	609	Annette	Wilson	Unaffiliated	Female Vet 50	3:32:42.9
374	88	166	Aiden	Dwyer	Wheathampstead Warriors	Male Vet 50	3:32:45.6
375	89	491	Simon	Robinson	Dunstable Lions RC	Male Vet 50	3:32:46.3
376	11	549	Charles	Tatham	Queen's Park Harriers	Male Vet 60	3:33:26.8
377	40	235	Hannah	Gray	Unaffiliated	Female Vet 40	3:37:18.3
378	15	280	Johanna	Houlahan	St Albans Striders	Female Vet 50	3:37:26.2
379	90	492	Tim	Robinson	Fairlands Valley Spartans	Male Vet 50	3:38:07.0
380	41	189	Nikki	Fidler	Redway Runners	Female Vet 40	3:38:08.5
381	117	626	Mark	Craig	Redway Runners	Male Vet 40	3:39:24.6
382	12	73	Simon	Bransfield-Garth	Unaffiliated	Male Vet 60	3:41:11.4
383	29	25	Mel	Atkin	Unaffiliated	Female Open	3:41:13.2

384	42	93	Sally	Cartwright	Unaffiliated	Female Vet 40	3:41:33.7
385	4	119	Wendy	Cope	Dunstable RRC	Female Vet 60	3:41:35.1
386	118	233	Stephen	Grant	Harpenden Arrows	Male Vet 40	3:41:50.2
387	91	309	Rob	Jones	Garden City Runners	Male Vet 50	3:41:54.8
388	92	134	Jac	Currie	Unaffiliated	Male Vet 50	3:42:06.7
389	119	246	Paul	Haigh	Unaffiliated	Male Vet 40	3:42:32.2
390	43	416	Steph	Nash	Unaffiliated	Female Vet 40	3:42:34.1
391	30	215	Hannalie	Gillott	Unaffiliated	Female Open	3:43:04.5
392	31	214	Georgina	Gillott	Didsbury Runners	Female Open	3:43:06.4
393	44	128	Helen	Cromack	Hertfordshire	Female Vet 40	3:43:07.1
394	93	325	Dave	Kittle	On the Run Aylesbury	Male Vet 50	3:43:25.2
395	13	531	Ian	Smith	On the Run Aylesbury	Male Vet 60	3:43:40.3
396	45	592	Michelle	Wells	Gade Valley Harriers	Female Vet 40	3:43:41.0
397	120	522	Matthew	Sheldon	Unaffiliated	Male Vet 40	3:44:31.5
398	121	328	Paul	Kyndt	Unaffiliated	Male Vet 40	3:45:11.5
399	46	481	Christina	Reade	London Frontrunners	Female Vet 40	3:45:12.2
400	16	583	Jeanette	Walster	Unaffiliated	Female Vet 50	3:47:08.1
401	17	323	Greer	Kidney	Dunstable Lions RC	Female Vet 50	3:47:21.5
402	122	348	Matthew	Lister	Unaffiliated	Male Vet 40	3:47:22.7
403	123	98	fred	Chesher	Mikkeller Running Club St Alban	Male Vet 40	3:47:58.1
404	47	565	Ines	Trent	Gade Valley Harriers	Female Vet 40	3:47:58.9
405	124	80	Dean	Bugler	Dunstable Lions RC	Male Vet 40	3:49:11.2
406	94	426	Andrew	Noyes	Leighton Buzzard Triathlon Club	Male Vet 50	3:50:37.6
407	18	100	Lorraine	Clark	on the run	Female Vet 50	3:50:38.3
408	19	475	Marcia	Quinn	On the Run Pitstone & Aylesbury	Female Vet 50	3:50:42.3
409	74	615	Tim	Woolley	On the Run Pitstone	Male Open	3:50:42.9
410	20	39	Gail	Barnard	London Frontrunners	Female Vet 50	3:50:43.5
411	48	23	Charlotte	Ashton	Dacorum & Tring AC	Female Vet 40	3:53:52.9
412	21	580	Penny	Wallduck	Dacorum & Tring AC	Female Vet 50	3:54:03.7
413	22	366	Michelle	Maloney	Dacorum Athletic Club	Female Vet 50	3:54:04.4
414	49	493	Julia	Robinson	London Frontrunners	Female Vet 40	3:54:13.2
415	50	274	Charlotte	Holloway	St Albans Striders	Female Vet 40	3:56:14.9
416	51	284	Caroline	Humphrey	Ealing Eagles Running Club	Female Vet 40	3:59:18.2
417	23	120	Sarah	Corcoran	Bearbrook Running Club	Female Vet 50	4:01:10.2
418	52	258	Natasha	Harrison	Thame runners	Female Vet 40	4:01:15.5
419	24	62	Rachel	Blake	Unaffiliated	Female Vet 50	4:01:16.2
420	25	296	Sue	Jarman	Unaffiliated	Female Vet 50	4:02:23.3
421	53	308	Jennifer	Johnston	St Albans Striders	Female Vet 40	4:04:56.7
422	95	21	Mark	Ashley	Unaffiliated	Male Vet 50	4:07:09.3
423	26	123	Kate	Cousin	Unaffiliated	Female Vet 50	4:07:29.2
424	54	49	Holly	Beckett	Gade Valley Harriers	Female Vet 40	4:10:46.2
425	32	551	Ashleigh	Taylor	Gade Valley Harriers	Female Open	4:10:50.6
426	33	382	Mary	Mccluskey	Gade Valley Harriers	Female Open	4:10:55.2
427	55	399	Chris	Mooney	Gade Valley Harriers	Female Vet 40	4:11:07.9
428	56	538	Rachel	Stamp	Leighton Fun Runners	Female Vet 40	4:12:30.9
429	27	178	Michelle	Evans-Riches	Leighton Fun Runners	Female Vet 50	4:12:43.2
430	57	232	Anne	Graeff	Unaffiliated	Female Vet 40	4:12:44.0
431	58	271	Jennifer	Hill	Unaffiliated	Female Vet 40	4:17:51.7

432	5	283	Maryam	Hulme	Queen's Park Harriers	Female Vet 60	4:25:56.3
433	28	38	Lesley	Barnard	100 Marathon Club	Female Vet 50	4:25:56.9
434	29	140	Emma	Davis	100 Marathon Club	Female Vet 50	4:25:58.9
435	30	20	Alison	Ashbolt	Bearbrook Running Club	Female Vet 50	4:26:40.1
436	31	449	Bridget	Peacock	Unaffiliated	Female Vet 50	4:36:21.7
437	32	207	Lorraine	Fussey	Unaffiliated	Female Vet 50	4:36:22.4
438	33	558	Donna	Thomas	Unaffiliated	Female Vet 50	4:36:36.9
439	34	594	Rebecca	Wheaver	Daventry Road Runners	Female Open	4:56:04.5
440	34	5	Elizabeth	Aitken	Unaffiliated	Female Vet 50	DNF
441	125	12	Chas	Andrews	Harpندن Arrows	Male Vet 40	DNF
442	75	55	Kevin	Berg	Tring RC	Male Open	DNF
443	96	63	Nathan	Blake	Gnarly Nutters	Male Vet 50	DNF
444	97	64	Vince	Blake	Hook Norton Harriers	Male Vet 50	DNF
445	59	65	Elizabeth	Blake	Unaffiliated	Female Vet 40	DNF
446	60	72	Amy	Bradley	Leighton Buzzard Triathlon Club	Female Vet 40	DNF
447	126	295	Richard	Jameson	Unaffiliated	Male Vet 40	DNF
448	35	459	Angela	Phillips	Freedom Tri	Female Vet 50	DNF
449	35	466	Felicity	Pitchers	Shires Triers	Female Open	DNF
450	98	512	Rob	Scott	Dacorum Triathlon Club	Male Vet 50	DNF
451	61	553	Sarah	Taylor	Unaffiliated	Female Vet 40	DNF