

Pos	Cat Pos	No	Time	First Name	Last Name	Cat	Club	
1	1	226	01:56:43	Oliver	Grimmette	MOpen	Unaffiliated	
2	2	274	02:02:32	Jacob	James	MOpen	St Albans Striders	
3	1	551	02:02:41	Piers	Vallance	MVet 40	Redway Runners	
4	3	117	02:03:04	Douglas	Coleman	MOpen	Dacorum Athletic Club	
5	4	29	02:06:12	Mark	Baines	MOpen	Vale Of Aylesbury AC	
6	2	144	02:07:17	Justin	Davis	MVet 40	Unaffiliated	
7	5	585	02:08:39	Fraser	Willcox	MOpen	Tring RC	
8	6	343	02:08:58	Darren	Martin	MOpen	Rumble Racing	
9	7	106	02:09:51	Daniel	Clarke	MOpen	Daventry Road Runners	
10	3	246	02:12:05	Sam	Hazelton	MVet 40	Unaffiliated	
11	1	193	02:12:14	Peter	Flewitt	MVet 50	Ealing Southall & Midx AC	
12	2	335	02:12:50	Ben	Lowans	MVet 50	Unaffiliated	
13	4	78	02:12:54	Ian	Bryson	MVet 40	Harpenden Arrows	
14	8	478	02:13:00	Tom	Sawyer	MOpen	Tring RC	
15	5	401	02:13:18	Gabor	Nyers	MVet 40	Unaffiliated	
16	9	453	02:14:16	Philip	Riddleston	MOpen	Watford Harriers	
17	6	395	02:15:07	Alex	Newman-Smit	MVet 40	Unaffiliated	
18	7	481	02:16:24	Alan	Scott	MVet 40	Clapham Chasers	
19	1	438	02:16:33	Becky	Raftery	FOpen	Tring RC	
20	10	124	02:17:24	James	Cooper	MOpen	Unaffiliated	
21	11	172	02:17:26	Tom	Ellerton	MOpen	Leighton Buzzard AC	
22	12	148	02:17:35	Sam	Dear	MOpen	Leighton Buzzard AC	
23	13	596	02:17:44	Ellis	Woolley	MOpen	Tribe	
24	3	206	02:17:50	Michael	Furness	MVet 50	Leighton Buzzard AC	
25	14	204	02:18:14	Joshua	Frewin	MOpen	Tring RC	
26	15	362	02:18:21	Charlie	Mead	MOpen	Leighton Buzzard AC	
27	2	147	02:18:25	Johanna	Dear	FOpen	Leighton Buzzard AC	
28	8	133	02:18:35	Nicholas	Crowther	MVet 40	Gade Valley Harriers	
29	16	107	02:18:41	Roger	Clarke	MOpen	Tring RC	
30	4	441	02:18:52	Jan	Rasmussen	MVet 50	Oxford Tri	

31	9	197	02:19:07	Colin	Foster	MVet 40	Ealing Southall & Midx AC	
32	17	278	02:19:14	Nick	Jelfs	MOpen	Unaffiliated	
33	18	439	02:19:28	Tom	Rankin	MOpen	Stopsley Striders	
34	19	510	02:19:39	Nicholas	Stallman	MOpen	Tring RC	
35	20	427	02:20:58	Stephen	Pitchers	MOpen	Unaffiliated	
36	21	89	02:21:17	david	camp	MOpen	Unaffiliated	
37	10	2	02:21:58	Nick	Acton	MVet 40	Harpenden Arrows	
38	5	127	02:22:40	Darren	Cornish	MVet 50	Dunstable Lions RC	
39	22	37	02:22:57	Scott	Barker	MOpen	Obstacle mud runner	
40	11	447	02:23:07	Matthew	Reeves	MVet 40	Unaffiliated	
41	23	463	02:23:49	Paul	Rose	MOpen	Unaffiliated	
42	12	153	02:24:20	Iain	Dickinson	MVet 40	Olney Runners AC	
43	3	151	02:24:35	Rachel	Dench	FOpen	Black Trail Runners	
44	24	489	02:24:40	Andrew	Shipley	MOpen	Highgate Harriers	
45	13	495	02:25:14	Matthew	Skelding	MVet 40	Unaffiliated	
46	25	169	02:25:52	Will	Eastman	MOpen	Leighton Buzzard AC	
47	26	235	02:25:55	Will	Harding	MOpen	Guildford & Godalming AC	
48	6	406	02:26:29	Steven	Oglesby	MVet 50	On The Run	
49	27	143	02:26:33	Chris	Davies	MOpen	Unaffiliated	
50	14	52	02:26:42	Torsten	Bell	MVet 40	Unaffiliated	
51	15	408	02:26:46	christian	Olley	MVet 40	Tring RC	
52	16	162	02:26:53	Chris	Dowling	MVet 40	Gade Valley Harriers	
53	7	100	02:27:09	Steven	Church	MVet 50	Huntingdonshire AC	
54	17	534	02:27:42	Gareth	Thomas	MVet 40	On the Run Aylesbury	
55	8	307	02:28:23	Chris	Knight	MVet 50	Team Trident	
56	9	533	02:28:30	Mike	Thomas	MVet 50	Ranelagh Harriers	
57	28	55	02:28:42	Kevin	Berg	MOpen	Tring RC	
58	18	138	02:28:44	Carl	Dalkin	MVet 40	Leighton Buzzard AC	
59	19	134	02:28:49	Jason	Cuddy	MVet 40	Runaway Racing	
60	20	379	02:29:19	Jim	Morris	MVet 40	Tring RC	
61	21	313	02:29:36	Mike	Lancaster	MVet 40	St Albans Striders	

62	29	601	02:29:53	Kallum	Wright	MOpen	Stopsley Striders	
63	22	276	02:30:31	Doug	Jarvis	MVet 40	Unaffiliated	
64	30	526	02:30:38	Richard	Taylor	MOpen	Garden City Runners	
65	10	146	02:31:18	Ian	De Villiers	MVet 50	Green Runners	
66	23	123	02:31:26	Stuart	Cooke	MVet 40	Team Trident	
67	24	571	02:31:38	David	Weir	MVet 40	Unaffiliated	
68	25	346	02:31:41	Dermot	Martin	MVet 40	Bearbrook Running Club	
69	26	352	02:31:57	Jerome	McAllister	MVet 40	Tring RC	
70	27	230	02:32:01	Oli	Hall	MVet 40	Unaffiliated	
71	28	292	02:32:12	Roland	Kemp	MVet 40	Tring RC	
72	31	227	02:32:19	Thomas	Grundy	MOpen	Lostock AC	
73	32	543	02:32:29	Toby	Turk	MOpen	Daventry Road Runners	
74	33	545	02:32:31	Felix	Turk	MOpen	Unaffiliated	
75	34	337	02:32:35	Matthew	Ma	MOpen	Leighton Fun Runners	
76	29	219	02:33:07	Daniel	Green	MVet 40	Leighton Fun Runners	
77	30	349	02:33:15	Ian	Mawdesley	MVet 40	Wrexham AAC	
78	31	279	02:33:21	Michael	Jewell	MVet 40	Unaffiliated	
79	32	110	02:33:49	David	Clayton	MVet 40	Tri-Force	
80	35	593	02:34:29	Richard	Witter	MOpen	Unaffiliated	
81	1	61	02:34:52	Rosie	Booth	FVet 40	Leighton Fun Runners	
82	4	392	02:35:17	Sally	Nash	FOpen	Tring RC	
83	33	42	02:35:32	James	Bateson	MVet 40	Unaffiliated	
84	34	553	02:35:36	christopher	vile	MVet 40	Tring RC	
85	11	311	02:36:08	Stephen	Lambert	MVet 50	St Albans Striders	
86	35	452	02:36:10	Scott	Riddell	MVet 40	Dunstable Lions RC	
87	36	114	02:36:13	Paul	Cocker	MVet 40	Unaffiliated	
88	37	405	02:36:17	Paul	O'Neill	MVet 40	Harpenden Arrows	
89	36	488	02:36:43	Nick	Shelley	MOpen	Leighton Fun Runners	
90	37	328	02:36:51	Anthony	Lewis	MOpen	Tile Hill Harriers	
91	38	373	02:36:57	Stephen	Moore	MOpen	Unaffiliated	
92	38	409	02:37:05	Chris	Packard	MVet 40	Unaffiliated	

93	12	509	02:37:09	Matt	Squires	MVet 50	Unaffiliated	
94	39	80	02:37:19	Andrew	Bunker	MVet 40	Higham Harriers	
95	1	499	02:37:41	Ian	Smith	MVet 60	Unaffiliated	
96	39	288	02:38:07	Chris	Jones	MOpen	Shefford Runners	
97	5	482	02:38:19	Natalie	Scott	FOpen	Clapham Chasers	
98	13	248	02:38:41	Andrew	Heale	MVet 50	Leighton Fun Runners	
99	40	242	02:38:47	Alex	Hasell	MOpen	St Albans Striders	
100	40	215	02:38:50	James	Goodman	MVet 40	Bedford Harriers AC	
101	14	225	02:38:57	Simon	Griffiths	MVet 50	Bearbrook Running Club	
102	2	529	02:39:18	Anna	Tems	FVet 40	Unaffiliated	
103	15	576	02:39:26	Mark	Westley	MVet 50	Garden City Runners	
104	6	118	02:39:31	Victoria	Coleman	FOpen	Dacorum Athletic Club	
105	41	358	02:39:33	Mark	McCormick	MVet 40	Unaffiliated	
106	16	108	02:39:36	Nick	Clay	MVet 50	Leighton Buzzard AC	
107	42	394	02:40:07	James	Naylor	MVet 40	Unaffiliated	
108	43	548	02:40:16	Daniel	Twort	MVet 40	Unaffiliated	
109	44	155	02:40:29	Stuart	Dimmock	MVet 40	Leighton Buzzard AC	
110	17	466	02:40:39	Craig	Rowand	MVet 50	Run Redbourn	
111	7	183	02:40:43	Amy	Farnfield	FOpen	Leighton Buzzard AC	
112	41	605	02:41:01	Tom	Cullimore	MOpen	Putney Running Club	
113	45	570	02:41:22	Nicholas	Webster	MVet 40	Unaffiliated	
114	2	468	02:41:36	Richard	Ruffell	MVet 60	Shires Triers	
115	8	444	02:41:52	Hazel	Reade	FOpen	London Frontrunners	
116	42	105	02:41:57	Stuart	Clarke	MOpen	Daventry Road Runners	
117	18	209	02:43:09	Matt	Gilbride	MVet 50	Highgate Harriers	
118	19	237	02:43:40	Steve	Harrison	MVet 50	Leighton fun runners	
119	9	283	02:44:38	Caitlin	Jones	FOpen	Runaway Racing	
120	43	436	02:44:54	Robert	Pullin	MOpen	Unaffiliated	
121	46	43	02:45:05	Paul	Bayley	MVet 40	Tring RC	
122	47	112	02:45:16	Michael	Cloy	MVet 40	Unaffiliated	
123	48	388	02:45:19	Paul	Munday	MVet 40	Marshall MK AC	

124	49	249	02:45:22	Lyndon	Hearn	MVet 40	Harpenden Arrows	
125	44	247	02:46:02	Richard	Heady	MOpen	Leighton Fun Runners	
126	50	496	02:46:28	Neil	Slaven	MVet 40	Trident	
127	51	13	02:46:43	Ross	Anker	MVet 40	Unaffiliated	
128	52	8	02:46:53	Shamsher	Albert	MVet 40	Ely runners	
129	53	569	02:47:07	Michael	Webster	MVet 40	Unaffiliated	
130	10	403	02:47:11	Jayne	O'Hanlon	FOpen	On the Run Pitstone	
131	20	289	02:47:17	Neil	Jones	MVet 50	Unaffiliated	
132	11	253	02:47:19	Laura	Hicks	FOpen	St Albans striders	
133	54	33	02:47:38	Wesley	Ball	MVet 40	Unaffiliated	
134	45	412	02:47:43	Rupert	Palmer	MOpen	Unaffiliated	
135	21	213	02:47:50	Michael	Goldsmith	MVet 50	Michael Goldsmith	
136	55	416	02:48:04	Chris	Parr	MVet 40	Shires Triers	
137	3	586	02:48:14	Neil	Willcox	MVet 60	Unaffiliated	
138	22	77	02:48:18	gerald	bruce	MVet 50	Unaffiliated	
139	56	342	02:48:43	Ben	Marriott	MVet 40	Unaffiliated	
140	23	527	02:48:51	David	Taylor	MVet 50	Unaffiliated	
141	24	602	02:48:56	Steve	Yates	MVet 50	On the Run Aylesbury	
142	25	122	02:49:18	Simon	Cook	MVet 50	Olney Runners AC	
143	26	285	02:49:25	Andrew	Jones	MVet 50	Olney Runners AC	
144	46	606	02:49:37	Mark	Turner	MOpen	Rumble Racing	
145	27	564	02:50:03	Daryl	Walter	MVet 50	Unaffiliated	
146	4	262	02:50:10	Martin	Hopcroft	MVet 60	Tring RC	
147	57	316	02:50:13	Daniel	Langton	MVet 40	St Albans Striders	
148	28	347	02:50:37	Trevor	Mason	MVet 50	Stevenage & N Herts AC	
149	58	398	02:51:04	Robert	Norris	MVet 40	Reddings Wood	
150	59	136	02:51:08	Ben	Cullis	MVet 40	Harpenden Arrows	
151	29	359	02:51:15	Paul	Mcdonagh	MVet 50	Unaffiliated	
152	30	424	02:51:44	robert	pinfield	MVet 50	Shires Triers	
153	31	578	02:52:01	David	White	MVet 50	Harpenden Arrows	
154	60	12	02:52:02	Chas	Andrews	MVet 40	Harpenden Arrows	

155	3	604	02:52:09	Audrey	Zilliox	FVet 40	Harpenden Arrows	
156	5	341	02:52:40	John	Manning	MVet 60	Tring RC	
157	61	597	02:52:49	Andrew	Woolstone	MVet 40	Unaffiliated	
158	32	36	02:53:02	Dan	Barber	MVet 50	Unaffiliated	
159	62	574	02:53:07	Crispin	Wells	MVet 40	Royston Runners	
160	47	483	02:53:11	James	Seddon	MOpen	Unaffiliated	
161	63	239	02:53:13	Stewart	Harrison	MVet 40	Unaffiliated	
162	33	16	02:53:16	Michael	Antunes	MVet 50	Unaffiliated	
163	64	547	02:54:02	Gareth	Turner	MVet 40	Redway Runners	
164	65	281	02:54:19	Dan	Johnson	MVet 40	Unaffiliated	
165	34	600	02:54:41	Brian	Wright	MVet 50	Leighton Buzzard Tri Club	
166	48	418	02:54:58	Cameron	Pearce	MOpen	Unaffiliated	
167	6	446	02:55:16	Tony	Reeve	MVet 60	Dacorum Athletic Club	
168	12	269	02:55:32	Pippa	Hunn	FOpen	Unaffiliated	
169	4	540	02:55:36	Suzy	Trott	FVet 40	Unaffiliated	
170	35	14	02:55:38	Martyn	Annetts	MVet 50	Unaffiliated	
171	36	364	02:55:44	Andrew	Merry	MVet 50	Unaffiliated	
172	37	461	02:56:17	Jim	Robinson	MVet 50	Unaffiliated	
173	49	479	02:56:23	Maximilian	Schlote	MOpen	Unaffiliated	
174	66	171	02:56:30	Steve	Ellerd-Elliott	MVet 40	Garden City Runners	
175	67	277	02:56:32	Peter	Jasko	MVet 40	South London Harriers	
176	7	261	02:56:35	Dave	Holt	MVet 60	Unaffiliated	
177	5	131	02:56:37	Victoria	Crawley-Wise	FVet 40	Gade Valley Harriers	
178	38	241	02:57:09	Adrian	Harwood	MVet 50	Watford Harriers	
179	68	211	02:57:14	Duncan	Godfrey	MVet 40	Team Trident	
180	50	562	02:57:21	James	Waller	MOpen	Unaffiliated	
181	51	66	02:57:27	Chris	Bradley	MOpen	Runaway Adventures	
182	52	555	02:57:39	Peter	Waddingham	MOpen	Unaffiliated	
183	39	157	02:57:47	Nic	Dimmock	MVet 50	Leighton Fun Runners	
184	69	432	02:57:51	Gavin	Prechner	MVet 40	Leighton Fun Runners	
185	70	70	02:58:08	Mike	Brewer	MVet 40	Bedford Harriers AC	

186	71	382	02:58:11	Andrew	Morton	MVet 40	Unaffiliated	
187	6	97	02:58:35	Francisca	Cerda	FVet 40	Unaffiliated	
188	40	506	02:58:39	Gary	Sparkes	MVet 50	Bearbrook Running Club	
189	72	17	02:58:49	Steven	Archer	MVet 40	The Running Hub	
190	41	184	02:59:11	Mauro	Fasti	MVet 50	Watford Joggers	
191	42	484	02:59:56	David	Shakespeare	MVet 50	Olney Runners AC	
192	73	150	03:00:03	Matt	Dench	MVet 40	Black Trail Runners	
193	74	84	03:00:27	Adam	Butler	MVet 40	Unaffiliated	
194	43	537	03:00:54	graham	tippett	MVet 50	Your Town Runners EN8	
195	44	149	03:01:04	Danny	Dell	MVet 50	Lonely Goat RC	
196	53	556	03:01:13	William	Waddingham	MOpen	Unaffiliated	
197	1	293	03:01:27	Claire	Kenney	FVet 50	Tring RC	
198	8	128	03:01:31	Nick	Costin	MVet 60	Redway Runners	
199	13	363	03:01:44	Naomi	Mellor	FOpen	Unaffiliated	
200	7	391	03:01:50	KERRY	NASH	FVet 40	Unaffiliated	
201	45	584	03:02:22	Stephen	Wilding	MVet 50	Hitchin Running Club	
202	54	524	03:02:25	Nicholas	Tappin	MOpen	Unaffiliated	
203	55	301	03:02:28	James	King	MOpen	St Albans Striders	
204	46	31	03:02:39	Peter	Baldock-William	MVet 50	Unaffiliated	
205	47	24	03:02:53	James	Atkinson	MVet 50	Unaffiliated	
206	8	309	03:03:06	Erika	Kulikova	FVet 40	London Frontrunners	
207	9	320	03:03:09	Tina	Le	FVet 40	Dacorum Athletic Club	
208	14	11	03:03:15	naseem	allmomen	FOpen	London Frontrunners	
209	56	399	03:03:18	Ed	Norris	MOpen	Wellingborough & Dis AC	
210	48	160	03:03:23	Glen	Dobson	MVet 50	Garden City Runners	
211	75	557	03:03:53	Jonathan	Wagstaff	MVet 40	Unaffiliated	
212	76	75	03:04:48	Alex	Brown	MVet 40	Unaffiliated	
213	10	351	03:05:01	Ali	Mayhew	FVet 40	VocaLink Mastercard RC	
214	77	81	03:05:05	Anthony	Bunker	MVet 40	St Albans Striders	
215	49	462	03:05:14	Ian	Rogers	MVet 50	Unaffiliated	
216	15	44	03:05:23	Chloe	Bazlen	FOpen	Mornington Chasers	

217	11	222	03:06:01	Isabel	Green	FVet 40	Harpenden Arrows	
218	50	26	03:06:11	Richard	Baddon	MVet 50	Tring RC	
219	57	251	03:06:21	Lee	Henderson	MOpen	Rumble Racing	
220	78	314	03:06:39	Dean	Langton	MVet 40	Unaffiliated	
221	51	530	03:07:01	James	Terry	MVet 50	Wellingborough & Dis AC	
222	52	228	03:07:20	David	Halden	MVet 50	Unaffiliated	
223	79	10	03:07:23	Joby	Allen	MVet 40	Unaffiliated	
224	16	338	03:07:32	Ceana	Mackenzie-Brod	FOpen	Leighton Buzzard AC	
225	53	472	03:07:36	Alun	Sainsbury	MVet 50	Unaffiliated	
226	12	115	03:07:43	Victoria	Cocker	FVet 40	Unaffiliated	
227	80	331	03:07:50	Richard	Lloyd	MVet 40	Unaffiliated	
228	54	304	03:07:53	Dave	Kittle	MVet 50	On the run	
229	55	420	03:08:08	Darren	Peart	MVet 50	Unaffiliated	
230	58	243	03:08:21	Oliver	Hauxwell	MOpen	Unaffiliated	
231	56	538	03:08:30	Chris	Treleaven	MVet 50	Stopsley Striders	
232	81	255	03:09:14	Francis	Higgins	MVet 40	Unaffiliated	
233	17	426	03:09:23	Felicity	Pitchers	FOpen	Shires Triers	
234	59	513	03:09:27	Matthew	Stanton	MOpen	Unaffiliated	
235	60	310	03:09:30	Rob	Laferton	MOpen	Unaffiliated	
236	57	480	03:09:39	Rob	Scott	MVet 50	Dacorum Triathlon Club	
237	58	60	03:09:44	Mark	Bonham-Carder	MVet 50	Unaffiliated	
238	59	454	03:09:50	Andy	Ringrose	MVet 50	Unaffiliated	
239	13	195	03:09:57	Sarah	Forster	FVet 40	Unaffiliated	
240	82	275	03:09:59	Richard	Jameson	MVet 40	Unaffiliated	
241	83	233	03:10:02	Neville	Hanks	MVet 40	Unaffiliated	
242	84	232	03:11:10	Felix	Hanke	MVet 40	Unaffiliated	
243	60	53	03:12:01	Gareth	Bellamy	MVet 50	Tring RC	
244	2	295	03:12:07	Emma	Keys	FVet 50	Thame Runners	
245	14	487	03:12:17	Lucinda	Shaw	FVet 40	Unaffiliated	
246	18	170	03:12:29	Ruth	Eastman	FOpen	Leighton Buzzard AC	
247	85	113	03:12:33	Sam	Cockcroft	MVet 40	Harpenden Arrows	

248	86	159	03:12:39	Ross	Dines	MVet 40	Unaffiliated	
249	61	240	03:12:45	Matt	Hartley	MOpen	Unaffiliated	
250	19	6	03:12:47	Emma	Adcock	FOpen	Tring RC	
251	87	348	03:13:01	James	Mason	MVet 40	Unaffiliated	
252	61	156	03:13:17	Chris	Dimmock	MVet 50	Leighton Buzzard AC	
253	88	520	03:13:21	Tobias	Strangewood	MVet 40	Unaffiliated	
254	3	360	03:13:32	Claire	Mcdonnell	FVet 50	Gade Valley Harriers	
255	20	369	03:13:37	Natalie	Moat	FOpen	Striders Of Croydon	
256	89	501	03:13:44	Alan	Smith	MVet 40	Unaffiliated	
257	15	50	03:13:47	Katalin	Bedocs	FVet 40	Bearbrook Running Club	
258	62	517	03:14:08	Luke	Stewart	MOpen	Unaffiliated	
259	62	45	03:14:14	Chris	Beacock	MVet 50	Unaffiliated	
260	21	210	03:14:28	Alice	Gilmour	FOpen	British military fitness	
261	9	173	03:14:34	Stephen	Ellerton	MVet 60	Leighton Fun Runners	
262	16	345	03:15:09	Deborah	Martin	FVet 40	Bearbrook Running Club	
263	63	72	03:15:26	Garith	Brown	MVet 50	Unaffiliated	
264	64	142	03:15:33	Robert	Davies	MVet 50	Dacorum Athletic Club	
265	22	561	03:15:35	Lucy	Wallduck	FOpen	Dacorum Athletic Club	
266	65	476	03:15:43	Jonathan	Sartin	MVet 50	Unaffiliated	
267	66	490	03:16:00	Gavin	Shurmer	MVet 50	Unaffiliated	
268	17	391	03:16:09	KERRY	NASH	FVet 40	Unaffiliated	
269	67	229	03:16:13	Gavin	Hall	MVet 50	Unaffiliated	
270	68	291	03:16:18	Adewale	Kadiri	MVet 50	Avon Valley Runners	
271	23	54	03:16:29	Polly	Bentley	FOpen	Unaffiliated	
272	24	549	03:16:32	Zara	Ulrich	FOpen	Unaffiliated	
273	25	493	03:16:35	Amy	Silk	FOpen	Unaffiliated	
274	26	504	03:16:59	Charlotte	Snowdon	FOpen	Stopsley Striders	
275	69	47	03:17:10	Mark	Beaver	MVet 50	Team Trident	
276	70	396	03:17:14	Chris	Nicholls	MVet 50	Unaffiliated	
277	71	103	03:17:17	Peter	Clark	MVet 50	Unaffiliated	
278	72	386	03:17:20	Steve	Muldoon	MVet 50	St Albans Striders	

279	1	455	03:17:26	Karen	Robertson	FVet 60	Bedford Harriers AC	
280	27	457	03:17:33	Kirsty	Robertson	FOpen	Unaffiliated	
281	90	99	03:17:35	Richard	Christer	MVet 40	Unaffiliated	
282	91	389	03:17:42	Tibi	Nagy	MVet 40	BSR	
283	92	332	03:17:45	Patrick	Long	MVet 40	Unaffiliated	
284	73	580	03:17:53	Rob	White	MVet 50	Olney Runners AC	
285	74	244	03:18:51	Nick	Haylett	MVet 50	Unaffiliated	
286	93	407	03:19:18	Rob	Oliver	MVet 40	Boxed Tv Ltd	
287	94	101	03:19:21	Drew	Clare	MVet 40	Wendover Swim Bike Run	
288	18	256	03:19:24	Caroline	Higginson	FVet 40	Olney Runners AC	
289	19	573	03:19:26	Emma	Wells	FVet 40	On the Run Aylesbury	
290	75	460	03:19:33	Simon	Robinson	MVet 50	Dunstable Lions RC	
291	95	196	03:20:00	Neil	Forster	MVet 40	Unaffiliated	
292	4	485	03:20:03	Mrs	Sharman	FVet 50	Watford Joggers	
293	76	58	03:20:39	Stephen	Bladen	MVet 50	Tring RC	
294	5	64	03:20:46	Debbie	Bowen	FVet 50	Unaffiliated	
295	20	445	03:21:16	Christina	Reade	FVet 40	London Frontrunners	
296	21	353	03:21:28	Susan	Mcaneny	FVet 40	Fairlands Valley Spartans	
297	22	68	03:21:32	Tanya	Brazier	FVet 40	Fairlands valley spartans	
298	63	5	03:21:36	Samuel	Adams	MOpen	Unaffiliated	
299	10	4	03:21:38	Peter	Adams	MVet 60	Unaffiliated	
300	96	434	03:22:32	Martin	Prior	MVet 40	Bo Street Runners	
301	23	119	03:22:35	Rosie	Coles	FVet 40	Unaffiliated	
302	97	393	03:23:06	Dan	Nathan	MVet 40	Unaffiliated	
303	2	298	03:23:22	Viv	Kilgour	FVet 60	Bedford Harriers AC	
304	11	492	03:24:48	Richard	Sidlin	MVet 60	Garden City Runners	
305	77	223	03:25:35	Darren	Greene	MVet 50	Team Trident	
306	24	120	03:25:45	Marie	Colucci	FVet 40	Fairlands Valley Spartans	
307	25	273	03:25:47	Zoe	Jackson	FVet 40	Fairlands Valley Spartans	
308	26	59	03:26:05	Louise	Bladen	FVet 40	Tring RC	
309	6	164	03:27:01	Sam	Downton	FVet 50	Redway Runners	

310	27	163	03:27:28	Sarah	Downing	FVet 40	Unaffiliated	
311	78	494	03:27:55	Jan	Sisson	MVet 50	Unaffiliated	
312	28	224	03:28:12	Rachel	Gribben	FVet 40	Lonely Goat RC	
313	7	280	03:29:01	Shanti	Johnson	FVet 50	St Albans Striders	
314	8	23	03:29:02	Laura	Astley	FVet 50	St Albans Striders	
315	29	182	03:29:05	Margaret	Fanagan	FVet 40	Watford Joggers	
316	9	588	03:29:08	Vicky	Williams	FVet 50	Watford Joggers	
317	12	323	03:29:10	Simon	Lee	MVet 60	Shires Triers	
318	98	319	03:29:16	Phil	Lawrence	MVet 40	Unaffiliated	
319	30	435	03:29:34	Dani	Pruett	FVet 40	Garden City Runners	
320	31	515	03:29:38	Agnieszka	Stepien	FVet 40	Unaffiliated	
321	99	528	03:29:40	Simon	Temple	MVet 40	Rumble Racing	
322	32	572	03:29:46	Michelle	Wells	FVet 40	Gade Valley Harriers	
323	33	380	03:29:49	Sarah	Morris	FVet 40	Unaffiliated	
324	100	523	03:29:56	Nick	Talbot	MVet 40	Chiltern Harriers AC	
325	10	185	03:30:14	Katerina	Fellas	FVet 50	Watford Joggers	
326	34	141	03:30:24	Nicola	Davidson	FVet 40	Shires Triers	
327	11	410	03:31:07	Carole	Page	FVet 50	Unaffiliated	
328	79	340	03:31:32	Stephen	Mann	MVet 50	Redway Runners	
329	3	428	03:31:52	Carole	Pitts	FVet 60	Dacorum Athletic Club	
330	80	306	03:32:54	Nick	Knight	MVet 50	Tring RC	
331	101	325	03:33:06	graham	lee	MVet 40	Dunstable Lions RC	
332	35	187	03:33:57	Valentina	Ferrari	FVet 40	Leighton Buzzard AC	
333	81	546	03:34:00	rupert	Turnbull	MVet 50	Unaffiliated	
334	82	252	03:34:11	Alex	Hickman	MVet 50	Unaffiliated	
335	12	234	03:34:14	Helen	Harbrow	FVet 50	Watford Joggers	
336	36	220	03:34:24	Zoe	Green	FVet 40	Unaffiliated	
337	64	333	03:34:26	Quinlan	Long	MOpen	Unaffiliated	
338	83	152	03:34:30	Simon	Deyes	MVet 50	Aylesbury Vale Tri Club	
339	13	129	03:34:32	Nikki	cowen	FVet 50	Garden city runners	
340	28	161	03:35:12	Stefanie	Dowie	FOpen	St Albans Striders	

341	84	165	03:35:35	Kevin	Downton	MVet 50	Unaffiliated	
342	85	519	03:36:48	Dan	Storr	MVet 50	Unaffiliated	
343	65	539	03:37:17	Callum	Trewavas	MOpen	Unaffiliated	
344	86	190	03:37:24	Mark	Fiske	MVet 50	Leighton Fun Runners	
345	102	324	03:37:29	Steve	Lee	MVet 40	Unaffiliated	
346	37	93	03:40:39	Sally	Cartwright	FVet 40	Unaffiliated	
347	14	258	03:41:15	Katie	Hill	FVet 50	Tri-Force	
348	87	477	03:41:29	David	Saul	MVet 50	Chiltern Harriers AC	
349	38	318	03:42:39	Christina	Lawrence	FVet 40	Dunstable RRC	
350	39	423	03:42:42	Lisa	Phee	FVet 40	Dunstable RRC	
351	88	168	03:42:49	Aiden	Dwyer	MVet 50	Wheathampstead Warriors	
352	15	563	03:44:53	Jeanette	Walster	FVet 50	Unaffiliated	
353	16	296	03:45:09	Greer	Kidney	FVet 50	Dunstable Lions RC	
354	40	336	03:46:13	Katy	Ludwell	FVet 40	Dunstable Lions RC	
355	89	385	03:48:25	Neal	Muggleton	MVet 50	Fairlands Valley Spartans	
356	17	30	03:48:33	Mary	Balchin-Love	FVet 50	Redway Runners	
357	103	79	03:48:41	Dean	Bugler	MVet 40	Dunstable Lions RC	
358	29	188	03:49:09	Nikki	Fidler	FOpen	REDWAY RUNNERS	
359	90	284	03:49:45	Robert	Jones	MVet 50	Garden City Runners	
360	30	178	03:49:46	Frankie	Enticknap	FOpen	Unaffiliated	
361	91	177	03:49:48	Andrew	Enticknap	MVet 50	Unaffiliated	
362	41	400	03:50:04	Amy	Bradley	FVet 40	Leighton Buzzard	
363	18	598	03:50:09	Kerry	Wright	FVet 50	S4F Triathlon Squad	
364	92	67	03:50:24	Colin	Bradley	MVet 50	Unaffiliated	
365	93	111	03:50:29	Phil	Clemas	MVet 50	Unaffiliated	
366	94	425	03:50:46	Richard	Piper	MVet 50	Unaffiliated	
367	95	419	03:52:51	Peter	Pearson	MVet 50	Unaffiliated	
368	31	181	03:53:11	Louise	Fairnie	FOpen	Watford Joggers	
369	96	40	03:53:13	Kevin	Barrett	MVet 50	Watford Joggers	
370	97	417	03:53:25	ANDY	PARSONS	MVet 50	Unaffiliated	
371	42	450	03:53:42	Alison	Richardson	FVet 40	Dacorum Athletic Club	

372	98	415	03:54:54	Tim	Parker	MVet 50	Unaffiliated	
373	43	390	03:57:20	Steph	Nash	FVet 40	Unaffiliated	
374	19	507	03:57:43	Stephanie	Spencer	FVet 50	Silson AC	
375	20	371	03:58:27	Sandra	Mogan	FVet 50	Tring RC	
376	44	260	03:59:32	Charlotte	Holloway	FVet 40	St Albans Striders	
377	21	86	04:01:55	Christine	Caine	FVet 50	Freedom Tri	
378	99	20	04:06:06	Mark	Ashley	MVet 50	Unaffiliated	
379	22	366	04:10:24	Jackie	Miller	FVet 50	Unaffiliated	
380	104	263	04:10:26	Iain	Horne	MVet 40	Unaffiliated	
381	100	297	04:10:30	Martin	Kidney	MVet 50	Dunstable Lions RC	
382	45	257	04:10:53	JENNIFER	HILL	FVet 40	Unaffiliated	
383	13	552	04:11:48	Oscar-Luigi	Veronese	MVet 60	S4F Triathlon Squad	
384	46	268	04:14:24	Caroline	Humphrey	FVet 40	Fordy Runs Running Club	
385	47	145	04:14:29	Helen	Day	FVet 40	Unaffiliated	
386	48	135	04:18:30	Philippa	Cullen	FVet 40	Unaffiliated	
387	32	167	04:18:31	Kathryn	Dunham	FOpen	Redway Runners	
388	49	554	04:18:32	Meera	Vyas Sparks	FVet 40	Redway Runners	
389	4	437	04:19:38	Carina	Quayle	FVet 60	North Herts Road Runners	
390	23	531	04:21:44	Wendy	Tharani	FVet 50	Fairlands Valley Spartans	
391	50	312	04:24:51	Jean	Lambert	FVet 40	Redway Runners	
392	1	532	04:27:34	Paul	Thomas	MVet 70	Leighton Fun Runners	
393	51	511	04:29:03	Rachel	Stamp	FVet 40	Leighton Fun Runners	
394	24	180	04:29:04	Michelle	Evans-Riches	FVet 50	Leighton Fun Runners	
395	101	179	04:29:05	Brian	Evans	MVet 50	Tring RC	
396	102	125	04:29:06	Graham	Cooper	MVet 50	Leighton Fun Runners	
397	52	35	04:29:32	Donna	Banks	FVet 40	Dacorum Athletic Club	
398	105	449	04:36:05	Tim	Rial	MVet 40	Bearbrook Running Club	
399	25	440	04:40:21	Kit	Rapson	FVet 50	Silson AC	
400	5	498	04:40:22	Sheona	Smee	FVet 60	Silson AC	
401	26	558	04:43:43	Maria	Waite	FVet 50	Dacorum Athletic Club	
402	14	207	05:00:00	Luke	Geoghegan	MVet 60	Unaffiliated	

DNF		15		Rick		MVet 60	Tring RC	
DNF		74		Huw		MVet 40	Unaffiliated	
DNF		218		Jess		FVet 40	Dacorum Athletic Club	
DNF		377		Emily		FOpen	Mornington Chasers	
DNF		491		George		MVet 60	Unaffiliated	
DNF		535		Donna		FVet 50	Unaffiliated	
DNF		567		Sarah		FVet 60	Shires Triers Tri Club	