

Ashridge Boundary Run 16th March 2019							
Final Results							
Position	Race Number	Time	First Name	Last Name	Category	Cat Position	Club
1	11	01:52:27	Dan	Anderton	Male Open	1	Oxford City AC
2	87	01:53:07	Craig	Clements	Male Open	2	Wellingborough & District AC
3	40	01:53:35	Richard	Bedlow	Male Open	3	Tring RC
4	465	01:53:56	Piers	Vallance	Male Vet 40	1	Bucks Fire & Rescue
5	33	01:55:18	Gaetano	Basiaco	Male Open	4	Unaffiliated
6	188	01:57:35	Mark	Hammond	Male Vet 50	1	Harpenden Arrows
7	249	01:58:15	Henry	Keighley-Elstu	Male Vet 40	2	Tring RC
8	363	01:58:19	Steven	Oglesby	Male Vet 40	3	On the Run Aylesbury
9	139	01:58:42	Joseph	Dunn	Male Open	5	St Albans Striders
10	288	01:59:36	Ben	Lowans	Male Vet 40	4	Unaffiliated
11	374	01:59:41	Ammon	Pieprgrass	Male Vet 40	5	Harpenden Arrows
12	43	01:59:47	James	Bell	Male Vet 40	6	Leighton Buzzard Athletic Club
13	367	02:00:36	Christopher	Parker	Male Open	6	Unaffiliated
14	506	02:02:07	Ellis	Woolley	Male Open	7	Unaffiliated
15	390	02:02:26	Tom	Raftery	Male Open	8	Tring RC
16	99	02:03:57	James	Cooper	Male Open	9	Unaffiliated
17	158	02:04:14	Alistair	Flowers	Male Open	10	Gade Valley Harriers
18	358	02:04:41	Gabor	Nyers	Male Vet 40	7	Unaffiliated
19	352	02:05:30	Sean	Nicolle	Male Vet 40	8	Oxford Tri
20	154	02:06:46	Rob	Fenwick	Male Open	11	Unaffiliated
21	230	02:08:17	Ben	Jackson	Male Open	12	Unaffiliated
22	405	02:08:43	Adam	Rossington	Male Open	13	Team Trident
23	150	02:09:07	Richard	Evans	Male Open	14	St Albans Striders
24	198	02:09:43	Thomas	Hedges	Male Open	15	Unaffiliated
25	462	02:09:47	Daniel	Twort	Male Open	16	Unaffiliated
26	83	02:09:55	Steven	Church	Male Vet 40	9	Huntingdonshire AC
27	460	02:10:36	Michael	Tucker	Male Open	17	Stopsley Striders

28	448	02:11:18	Mike	Taylor	Male Vet 40	10	Unaffiliated
29	102	02:12:04	Darren	Cornish	Male Vet 40	11	Unaffiliated
30	140	02:12:26	Rebecca	Duxbury	Female Open	1	Oxford Tri
31	1	02:12:38	James	Robinson	Male Vet 40	12	Unaffiliated
32	346	02:12:54	Tom	Neill	Male Open	18	St Albans Striders
33	130	02:13:04	Nigel	Douglas	Male Vet 50	2	Harpenden Arrows
34	204	02:13:07	Laura	Hicks	Female Open	2	Harpenden Arrows
35	132	02:13:16	Chris	Dowling	Male Vet 40	13	Gade Valley Harriers
36	93	02:13:21	David	Conway	Male Vet 40	14	BBC Running Club
37	179	02:13:30	Daniel	Green	Male Vet 40	15	Leighton Fun Runners
38	95	02:13:51	Simon	Cook	Male Vet 40	16	Olney Runners AC
39	19	02:13:53	Simon	Atkins	Male Vet 50	3	Higham Harriers
40	321	02:14:13	James	McWilliam	Male Open	19	Unaffiliated
41	392	02:14:16	Jan	Rasmussen	Male Vet 40	17	Oxford Tri
42	250	02:14:54	Paul	Kellett	Male Vet 40	18	Tring RC
43	301	02:15:26	Frank	Martin	Male Vet 40	19	Unaffiliated
44	192	02:15:37	Steve	Harrison	Male Vet 40	20	Leighton fun runners
45	442	02:15:47	Robert	Stein	Male Open	20	Unaffiliated
46	146	02:16:15	Andrew	Enticknap	Male Vet 50	4	Huntingdonshire AC
47	237	02:16:28	Martin	Jensen	Male Vet 40	21	Unaffiliated
48	206	02:16:37	Craig	Higgins	Male Vet 50	5	Tring RC
49	240	02:16:43	Alex	Johnston	Male Open	21	St Albans Striders
50	379	02:16:53	Robert	Pooley	Male Vet 50	6	Unaffiliated
51	396	02:17:22	Alun	Rees	Male Vet 40	22	Unaffiliated
52	464	02:17:25	Claire	Vallance	Female Vet 40	1	Unaffiliated
53	166	02:17:43	Andrew	Fulford	Male Open	22	Dacorum & Tring AC
54	251	02:18:23	Roland	Kemp	Male Open	23	KempFitness
55	47	02:19:17	Daniel	Berry	Male Vet 50	7	Mornington Chasers
56	340	02:19:25	Andy	Nash	Male Open	24	Vegan Runners
57	382	02:19:36	Craig	Price	Male Vet 40	23	Unaffiliated
58	484	02:20:09	Steve	Ward	Male Vet 40	24	Bertie Bert Dog

59	293	02:20:31	Brian	Lynch	Male Vet 40	25	BBC Running Club
60	88	02:20:33	Michael	Cloy	Male Vet 40	26	Unaffiliated
61	282	02:20:40	Mike	Lemon	Male Vet 50	8	Bearbrook Running Club
62	391	02:21:05	George	Rainsford	Male Open	25	Unaffiliated
63	161	02:21:24	Tim	Fowler	Male Vet 50	9	Buckingham & Stowe RC
64	222	02:21:33	Rob	Humphreys	Male Vet 40	27	Gade Valley Harriers
65	152	02:21:36	Robert	Ewart	Male Open	26	Tring RC
66	261	02:21:40	Daniel	Kranz	Male Open	27	Unaffiliated
67	90	02:21:48	Andy	Collings	Male Vet 50	10	Tring RC
68	509	02:22:09	Tom	Wright	Male Open	28	Chiltern Harriers AC
69	296	02:22:23	Alison	Macmaster	Female Vet 40	2	Unaffiliated
70	285	02:22:29	Paul	Little	Male Vet 50	11	Leighton Fun Runners
71	31	02:22:32	Kevin	Barrett	Male Vet 40	28	Unaffiliated
72	437	02:22:41	Nicholas	Stallman	Male Open	29	Tring RC
73	274	02:22:46	Alan	Lawrenson	Male Open	30	Queen's Park Harriers
74	403	02:22:51	Jim	Robinson	Male Vet 40	29	Harpenden Arrows
75	243	02:23:00	Neil	Jones	Male Vet 50	12	Unaffiliated
76	386	02:23:08	Michael	Quinn	Male Vet 50	13	Wellingborough & District AC
77	357	02:23:22	Sam	Nunn	Male Open	31	Steel City Striders
78	171	02:23:33	Matthew	Gilbert	Male Vet 40	30	Leighton Fun Runners
79	328	02:24:18	Andrew	Moffatt	Male Open	32	Unaffiliated
80	175	02:25:09	David	Gott	Male Vet 50	14	Unaffiliated
81	281	02:25:18	Simon	Leek	Male Open	33	Unaffiliated
82	481	02:25:36	Daryl	Walter	Male Vet 50	15	Unaffiliated
83	297	02:25:40	Stephen	Magee	Male Open	34	Shires Triers Triathlon Club
84	129	02:25:48	Andrew	Dodds	Male Open	35	Redway Runners
85	239	02:25:54	Dan	Johnson	Male Vet 40	31	Unaffiliated
86	397	02:25:57	Lloyd	Rees	Male Vet 40	32	St Albans Striders
87	378	02:26:02	Olivia	Poole	Female Open	3	Unaffiliated
88	92	02:26:12	Neil	Colquhoun	Male Vet 40	33	London Frontrunners
89	70	02:26:23	Stewart	Campbell	Male Vet 50	16	Unaffiliated

90	327	02:26:55	Ruth	Mitchell	Female Open	4	Leighton Buzzard Athletic Club
91	114	02:27:09	Paul	Cureton	Male Open	36	Wellingborough & District AC
92	473	02:27:44	Peter	Waddingham	Male Open	37	Unaffiliated
93	213	02:28:13	Martin	Hopcroft	Male Vet 50	17	Tring RC
94	289	02:28:25	Daniel	Lowans	Male Vet 40	34	Unaffiliated
95	493	02:28:28	Graham	White	Male Vet 50	18	Unaffiliated
96	14	02:28:55	Rick	Ansell	Male Vet 50	19	Tring RC
97	314	02:29:07	Cahal	McConville	Male Vet 50	20	Dunstable RRC
98	157	02:29:12	Chris	Fleming	Male Vet 50	21	UKRunChat Running Club
99	137	02:29:45	Pascal	Dubois-Peleri	Male Vet 50	22	Unaffiliated
100	101	02:29:49	Alice	Corfield	Female Open	5	Sutton runners
101	60	02:29:54	Mike	Brewer	Male Vet 40	35	Bedford Harriers AC
102	394	02:30:12	Hazel	Reade	Female Open	5	London Frontrunners
103	37	02:30:22	Chris	Beacock	Male Vet 40	36	Unaffiliated
104	203	02:30:32	Wilf	Hewitt	Male Vet 50	23	Unaffiliated
105	182	02:30:34	Christopher	Grimmette	Male Vet 50	24	Tring RC
106	444	02:30:41	Thomas	Stratton	Male Open	38	Unaffiliated
107	27	02:30:43	Katherine	Baines	Female Open	6	Unaffiliated
108	189	02:31:11	Neville	Hanks	Male Vet 40	37	Unaffiliated
109	414	02:31:29	Thomas	Sauka	Male Vet 40	38	Fairlands Valley Spartans
110	41	02:31:33	Ben	Beecroft	Male Vet 40	39	Unaffiliated
111	404	02:31:50	Paula	Robinson	Female Vet 50	1	Unaffiliated
112	122	02:32:16	Philip	Davies	Male Open	39	Stopsley Striders
113	186	02:32:40	Julian	Ham	Male Vet 50	25	Leighton Fun Runners
114	383	02:33:04	Philip	Pugh	Male Vet 60	1	Dacorum & Tring AC
115	384	02:33:29	David	Pym	Male Vet 50	26	Leighton Fun Runners
116	4	02:33:46	Roger	Ackerley	Male Vet 60	2	Woodbridge Shufflers RC
117	3	02:33:49	David	Ackerley	Male Open	40	Ampthill & Flitwick Flyers RC
118	351	02:34:10	Chris	Nicholls	Male Vet 50	27	Tring RC
119	502	02:34:36	Lucy	Wilson-Shaw	Female Vet 40	3	London Frontrunners
120	59	02:34:52	Emma	Bradbury	Female Vet 40	4	Unaffiliated

121	29	02:34:55	Wesley	Ball	Male Vet 40	40	Unaffiliated
122	202	02:35:01	Olivia	Hewitt	Female Open	7	Unaffiliated
123	201	02:35:05	Neil	Hewitt	Male Vet 50	28	Harpenden Arrows
124	131	02:35:29	Tracey	Dowding	Female Vet 40	5	Unaffiliated
125	247	02:35:38	Lauren	Keeler	Female Open	9	Redway Runners
126	248	02:35:43	Andrew	Keen	Male Vet 40	41	Leighton Buzzard Triathlon Club
127	167	02:35:46	Andrew	Garton	Male Vet 50	29	Leighton Buzzard Triathlon Club
128	424	02:35:52	John	Sharp	Male Vet 40	42	Unaffiliated
129	72	02:36:14	Martin	Carmody	Male Vet 40	43	Unaffiliated
130	44	02:36:24	Jennifer	Finlay	Female Vet 40	6	Harpenden Arrows
131	195	02:37:06	Elizabeth	Harvey	Female Vet 40	7	Unaffiliated
132	325	02:37:09	Ben	Miller	Male Vet 40	44	Marshall Milton Keynes AC
133	81	02:37:21	Matthew	Childs	Male Open	41	St Albans Striders
134	300	02:37:26	Jo	Marshall	Female Open	10	Olney Runners Ac
135	109	02:37:36	Kelly	Crawford	Female Open	11	Huntingdonshire AC
136	400	02:37:40	David	Rhodes	Male Vet 50	30	Hertfordshire Constabulary CHAOS club
137	9	02:37:47	Rob	Allen	Male Vet 40	45	Unaffiliated
138	194	02:37:57	Richard	Hart	Male Vet 50	31	Unaffiliated
139	461	02:38:02	Tom	Turner	Male Vet 40	46	Unaffiliated
140	216	02:38:04	Paul	House	Male Open	42	Leighton Fun Runners
141	438	02:38:10	Jamie	Stamp	Male Vet 40	47	Leighton Fun Runners
143	162	02:38:19	Nicol	Fraser	Male Vet 50	32	Edinburgh Triathletes
144	362	02:38:22	Elaine	O'Connor	Female Open	12	Unaffiliated
145	513	02:38:35	Trevor	Poole	Male Vet 40	48	Unaffiliated
146	210	02:39:10	Nina	Holian	Female Vet 40	8	Unaffiliated
147	209	02:39:13	James	Holian	Male Vet 40	49	Unaffiliated
148	62	02:39:37	Dominci	Buck	Male Vet 40	50	North Herts Road Runners
149	66	02:39:43	Adam	Butler	Male Vet 40	51	Unaffiliated
150	330	02:40:01	Emma	Moore	Female Open	13	Wellingborough & District AC
151	64	02:40:12	Anthony	Bunker	Male Vet 40	52	St Albans Striders
152	333	02:40:15	Andrew	Morton	Male Open	43	Unaffiliated

153	489	02:40:20	Hannah	Whiffen	Female Open	14	Tring RC
154	259	02:40:29	Brendan	Kingston	Male Vet 40	53	Unaffiliated
155	238	02:40:59	Katy	Jinks	Female Vet 40	9	Fairlands Valley Spartans
156	106	02:41:01	Morgan	Cox	Male Vet 40	54	Tring RC
157	332	02:41:08	Richard	Moriarty	Male Vet 40	55	Unaffiliated
158	423	02:41:22	Brian	Sharp	Male Vet 50	33	York Knavesmire Harriers
159	277	02:41:25	Tina	Le	Female Vet 40	10	Dacorum & Tring AC
160	443	02:41:34	Simon	Stevenson	Male Vet 50	34	Tring RC
161	138	02:41:44	Mark	Dugdale	Male Vet 40	56	Unaffiliated
162	313	02:41:55	Laura	McCloskey	Female Vet 40	11	Wycombe Phoenix Harriers & AC
163	26	02:41:58	Andy	Bain	Male Vet 40	57	Serpentine
164	413	02:42:04	Jane	Sauer	Female Vet 40	12	Leighton Buzzard Athletic Club
165	315	02:42:32	Paul	Mcdonagh	Male Vet 50	35	Unaffiliated
166	98	02:42:48	Giles	Cooper	Male Vet 40	58	Unaffiliated
167	436	02:42:54	Dano	Stack	Male Open	44	Unaffiliated
168	421	02:43:10	David	Shakespeare	Male Vet 50	36	Olney Runners AC
169	490	02:43:13	Sam	Whiffen	Male Open	45	Tring RC
170	398	02:43:16	Tony	Reeve	Male Vet 50	37	Dacorum & Tring AC
171	427	02:43:35	Gavin	Shurmer	Male Vet 50	38	Unaffiliated
172	117	02:43:52	Mike	Dando	Male Vet 40	59	St Albans Striders
173	508	02:44:15	Brian	Wright	Male Vet 40	60	Dunstable RRC
174	103	02:44:27	Nick	Costin	Male Vet 50	39	Redway Runners
175	483	02:44:50	Jason	Ward	Male Vet 40	61	Unaffiliated
176	415	02:45:01	David	Saul	Male Vet 50	40	Chiltern Harriers AC
177	292	02:45:08	Rory	Lumsdon	Male Vet 40	62	Unaffiliated
178	123	02:45:12	Peter	Dawes	Male Vet 50	41	Swindon Shin Splints
179	13	02:45:21	Roger	Andrews	Male Vet 50	42	Keswick AC
180	409	02:45:26	Matthew	Rush	Male Vet 40	63	Stoke Mandeville Tri Club
181	86	02:45:33	Tim	Clayton	Male Vet 50	43	Unaffiliated
182	266	02:45:44	Michael	Lamb	Male Vet 40	64	Dacorum & Tring AC
183	257	02:46:02	Simon	King	Male Vet 60	3	Bedford Harriers AC

184	227	02:46:20	Ros	Ingram	Female Vet 40	13	Fairlands Valley Spartans
185	113	02:46:26	Steve	Culverwell	Male Vet 40	65	Unaffiliated
186	108	02:46:32	Lily	Crank	Female Open	15	Unaffiliated
187	270	02:46:34	Andy	Latham	Male Open	46	Unaffiliated
188	187	02:46:44	Julie	Hammerton	Female Vet 40	14	Unaffiliated
189	196	02:46:51	Jonathan	Hatchett	Male Vet 40	66	Unaffiliated
190	364	02:46:55	John	O'Keeffe	Male Vet 40	67	Tring Running Club
191	65	02:47:00	Darren	Burke	Male Vet 40	68	Gade Valley Harriers
192	127	02:47:04	Nic	Dimmock	Male Vet 40	69	Leighton Fun Runners
193	472	02:47:17	Emilia	Vynnycky	Female Vet 50	2	London Heathside
194	467	02:47:24	Katie	Van de Linde	Female Vet 40	15	Tring RC
195	326	02:47:47	Andy	Mitchell	Male Vet 50	44	Dacorum & Tring AC
196	208	02:47:55	Leona	Hodson	Female Vet 40	16	Ware Joggers
197	147	02:48:29	Brian	Evans	Male Vet 50	45	Tring RC
198	267	02:49:02	Joanna	Lancaster	Female Open	16	Leighton Fun Runners
199	134	02:49:06	Paul	Doyle	Male Vet 40	70	Leighton Fun Runners
200	255	02:49:19	Richie	Kiely	Male Open	47	Unaffiliated
201	468	02:49:22	Leendert	Van De Linde	Male Vet 40	71	Tring RC
202	135	02:49:27	Steve	Doyle	Male Vet 50	46	MK Lakeside Runners
203	110	02:49:35	Victoria	Crawley-Wise	Female Open	17	Gade Valley Harriers
204	324	02:49:39	Chris	Millar	Male Open	48	Victoria Park Harriers & Tower Hamlets AC
205	268	02:49:46	Sam	Lane	Female Vet 50	3	Shires Triers Triathlon Club
206	498	02:49:50	Gavin	Wild	Male Vet 40	72	Unaffiliated
207	302	02:49:54	Pippa	Martin	Female Vet 40	17	Unaffiliated
208	370	02:50:02	Aisling	Patterson	Female Vet 40	18	Harpenden Arrows
209	512	02:50:09	Audrey	Zilliox	Female Vet 40	19	Harpenden Arrows
210	428	02:50:12	Jim	Simpson	Male Vet 50	47	St Albans Striders
211	200	02:50:27	Sarah	Hemphill	Female Vet 40	20	Unaffiliated
212	180	02:50:27	Jill	Grey	Female Vet 60	1	Bearbrook Running Club
213	75	02:50:47	Alon	Caspi	Male Vet 60	4	Mornington Chasers
214	71	02:51:25	Clive	Cannon	Male Vet 60	5	Unaffiliated

215	504	02:51:29	DISCO	WOODS	Male Vet 40	73	Unaffiliated
216	115	02:51:35	Dave	Cuschieri	Male Vet 40	74	Unaffiliated
217	348	02:51:58	Mike	Niblock	Male Open	49	Unaffiliated
218	6	02:52:36	Paul	Albon	Male Open	50	Rugby Tri
219	159	02:52:38	Neil	Forster	Male Vet 40	75	Unaffiliated
220	412	02:52:43	Bal	Sandhu	Female Vet 40	21	Nuffield
221	61	02:53:08	Garith	Brown	Male Vet 50	48	Unaffiliated
222	116	02:53:11	Kevin	Dance	Male Vet 50	49	Tring RC
223	30	02:53:14	Peter	Barber	Male Vet 40	76	Run Redbourn
224	355	02:53:17	Andrew	Norton	Male Vet 40	77	Gade Valley Harriers
225	451	02:53:42	Tom	Taylor	Male Open	51	Unaffiliated
226	310	02:53:59	Sean	McAree	Male Vet 50	50	Tri-Force
227	366	02:54:19	Stuart	Page	Male Vet 50	51	Tring RC
228	453	02:54:30	James	Terry	Male Vet 40	78	Wellingborough & District AC
229	495	02:54:38	Rob	White	Male Vet 40	79	Olney Runners AC
230	58	02:54:54	Debbie	Bowen	Female Vet 50	4	Unaffiliated
231	181	02:55:02	Paul	Grimes	Male Vet 50	52	Unaffiliated
232	375	02:55:20	Nicky	Pittam	Female Vet 50	5	Bearbrook Running Club
233	279	02:55:26	James	Lealan	Male Vet 40	80	Unaffiliated
234	487	02:55:32	Jennifer	Weedon	Female Open	18	Dunstable RRC
235	73	12:56:03	Kate	Carroll	Female Vet 50	6	Unaffiliated
236	284	02:56:11	Matthew	Lister	Male Open	52	Unaffiliated
237	163	02:57:08	Carrie	Frazer	Female Open	19	Unaffiliated
238	197	02:58:12	Matthew	Hearn	Male Vet 40	81	Unaffiliated
239	133	02:58:20	Sam	Downton	Female Vet 40	22	Redway Runners
240	469	02:58:31	Rachel	Vialou-Clark	Female Vet 40	23	Unaffiliated
241	76	02:58:55	Anne	Caspi	Female Vet 50	7	Mornington Chasers
242	242	02:59:08	Kirsty	Jones	Female Open	20	Bedford Harriers AC
243	466	02:59:19	Sapphira	Van Assema	Female Vet 40	24	Wimbledon Windmilers
244	317	02:59:25	Stephen	Mckee	Male Vet 50	53	Harpenden Arrows
245	299	02:59:35	Jane	Markby	Female Vet 50	8	Unaffiliated



246	305	02:59:45	Bret	Matthews	Male Vet 50	54	Unaffiliated
247	246	03:00:03	Timea	Jones	Female Open	21	Unaffiliated
248	67	03:00:12	Ian	Byford	Male Vet 60	6	Dunstable RRC
249	223	03:00:20	Carly	Humphryes	Female Open	22	Ashridge canicross
250	486	03:00:36	Sarah	Watson	Female Vet 50	9	Shires Triers Triathlon Club
251	136	03:00:41	Ellen	Draper	Female Open	23	Unaffiliated
252	303	03:00:52	Leigh	Mase	Male Vet 50	55	Unaffiliated
253	77	03:01:01	Matthew	Catterall	Male Open	53	Unaffiliated
254	347	03:01:19	Tom	Newton	Male Vet 60	7	Wellingborough & District AC
255	388	03:01:25	Lee	Radley	Male Vet 40	82	St Neots Riverside Runners
256	241	03:01:39	Amy	Jones	Female Open	24	Unaffiliated
257	105	03:01:51	Helen	Cox	Female Open	25	Unaffiliated
258	441	03:01:58	Katie	Stanton	Female Open	26	Leighton Buzzard Athletic Club
259	482	03:02:25	Geoff	Ward	Male Vet 50	56	Fell Runners Association
260	353	03:02:46	Tim	Nixon	Male Vet 60	8	Dark Peak Fell Runners
261	471	03:02:49	Colin	Vickery	Male Vet 40	83	Unaffiliated
262	224	03:02:52	Sarah	Hyde	Female Open	27	Unaffiliated
263	244	03:02:56	Oliver	Jones	Male Vet 40	84	Bedford Harriers AC
264	89	03:03:00	Liz	Coates	Female Vet 40	25	Ware Joggers
265	190	03:03:04	Graham	Harper	Male Vet 60	9	Harpenden Arrows
266	356	03:03:08	Andrew	Noyes	Male Vet 50	57	Dunstable RRC
267	2	03:03:40	Daniel	Abberley	Male Open	54	Unaffiliated
268	148	03:03:46	Jo	Evans	Female Vet 50	10	Unaffiliated
269	499	03:03:54	Greg	Wiley	Male Vet 40	85	Unaffiliated
270	100	03:03:59	John	Corcoran	Male Vet 40	86	Amphill & Flitwick Flyers RC
271	205	03:04:26	Harriet	Higby	Female Open	28	London City Athletics Club
272	294	03:06:00	Frazer	Lyons	Male Open	55	Unaffiliated
273	63	03:06:11	Andrew	Bunker	Male Vet 40	87	Higham Harriers
274	184	03:06:16	Paul	Hadingham	Male Vet 50	58	Redwell Runners
275	407	03:06:20	Craig	Rowand	Male Vet 50	59	Run Redbourn
276	395	03:06:27	Alice	Rees	Female Open	29	Unaffiliated

277	48	03:06:32	Sally	Besley	Female Vet 50	11	Unaffiliated
278	416	03:06:50	David	Saunders	Male Vet 50	60	St Albans Striders
279	176	03:07:46	David	Gourlay	Male Vet 40	88	Unaffiliated
280	435	03:08:13	Amelia	Stack	Female Open	30	Unaffiliated
281	170	03:08:16	Claire	Giblin	Female Vet 40	26	Leighton Fun Runners
282	128	03:08:21	Andrew	Disley	Male Vet 50	61	Mornington Chasers
283	336	03:09:29	Ben	Mullaney	Male Open	56	Unaffiliated
284	7	03:10:40	Richard	Alcock	Male Vet 50	62	Tring RC
285	316	03:10:46	Nicola	McGeown	Female Vet 40	27	Lewes AC
286	228	03:12:01	Joe	Irons	Male Vet 40	89	Unaffiliated
287	434	03:12:04	Joanne	Smythe	Female Vet 40	28	Bedford Harriers AC
288	369	03:12:08	Emma	Passmoor	Female Vet 40	29	Redway Runners
289	51	03:12:16	Louise	Bladen	Female Vet 40	30	Tring RC
290	52	03:12:22	Stephen	Bladen	Male Vet 40	90	Tring RC
291	111	03:12:30	Kate	Crossland	Female Open	31	Unaffiliated
292	514	03:12:35	Lisa Jane	Phee	Female Vet 40	39	Dunstable RRC
293	5	03:12:46	Linda	Aird	Female Vet 60	2	North Herts Road Runners
294	401	03:12:54	Julie	Rice	Female Vet 50	12	Watford Joggers
295	480	03:13:00	Jeanette	Walster	Female Vet 50	13	Boxfit tri
296	254	03:13:03	Greer	Kidney	Female Vet 40	32	Dunstable RRC
297	446	03:13:12	Beverley	Sullivan	Female Vet 40	33	St Albans Striders
298	507	03:13:33	David	Worcester	Male Vet 40	91	St Albans Striders
299	156	03:14:54	Kirsty	Fitzgerald	Female Open	32	London Fronrunners
300	68	03:15:34	Eamon	Byrne	Male Vet 50	63	Mornington Chasers
301	160	03:15:39	Alan	Foster	Male Vet 40	92	Unaffiliated
302	350	03:16:25	Vidyavachin	Niblock	Male Open	57	Unaffiliated
303	430	03:16:30	Alan	Smith	Male Vet 40	93	Unaffiliated
304	373	03:19:15	Thel	Pickard	Female Vet 60	3	Unaffiliated
305	368	03:21:29	Andy	Parkes	Male Vet 50	64	Unaffiliated
306	331	03:22:11	Miranda	Morgan	Female Vet 60	4	North Herts Road Runners
307	185	03:23:31	Sarah	Hadingham	Female Vet 40	34	Redwell Runners

308	220	03:24:01	Gill	Hudnott	Female Vet 50	14	Unaffiliated
309	304	03:24:06	Ali	Massey	Female Open	33	St Albans Striders
310	475	03:24:39	Donna	Walker	Female Vet 40	35	Tring RC
311	311	03:24:54	Jan	Mccabe	Female Vet 50	15	White Horse Harriers
313	121	03:25:12	Liz	Davies	Female Vet 50	16	Stopsley Striders
314	155	03:25:36	Eileen	Fitzgerald	Female Vet 40	36	Lonely Goat RC
315	478	03:26:11	Penny	Wallduck	Female Vet 50	17	Dacorum & Tring AC
316	91	03:26:51	John	Collins	Male Vet 40	94	Unaffiliated
317	479	03:27:57	Nicola	Walpole	Female Vet 50	18	Wellingborough & District AC
318	183	03:28:31	Max	Gruenin	Male Open	58	Unaffiliated
319	214	03:29:42	Iain	Horne	Male Vet 40	95	Unaffiliated
320	335	03:30:05	Tendai Hilburt	Mtanda	Male Vet 40	96	Unaffiliated
321	164	03:30:10	Erin	Freeman	Male Open	59	Cygnus Ltd
322	215	03:30:59	Johanna	Houlahan	Female Vet 40	37	Trail Running Association
323	339	03:31:14	Maxine	Napal	Female Vet 40	38	Realbuzz
324	420	03:32:33	Claudia	Selina	Female Vet 40	39	Unaffiliated
325	318	03:32:52	Neil	McKenzie	Male Open	60	Redwell Runners
326	385	03:33:11	Marcia	Quinn	Female Vet 50	19	Watford Joggers
327	381	03:33:21	Tara	Pountney	Female Vet 40	40	Dunstable RRC
328	457	03:33:52	Steve	Titmus	Male Open	61	Cygnus Ltd
329	445	03:34:49	Dave	Streeton	Male Vet 50	65	Saltaire Striders
330	225	03:36:07	Caren	Ingold	Female Vet 40	41	Redwell Runners
331	226	03:36:11	Lee	Ingold	Male Vet 40	97	Unaffiliated
332	104	03:37:40	Alex	Couronne	Female Vet 50	20	Dacorum & Tring AC
333	329	03:37:43	Sandra	Mogan	Female Vet 50	21	Tring Rc
334	338	03:37:50	Clare	Murray	Female Vet 40	42	Tring RC
335	291	03:38:20	John	Luck	Male Vet 50	66	Trail Running Association
336	290	03:38:25	Catherine	Luck	Female Open	34	Unaffiliated
337	112	03:39:00	Caroline	Crouchman	Female Vet 50	22	Unaffiliated
338	94	03:40:04	Lindsay	Cook	Female Vet 40	43	North Herts Road Runners
339	419	03:42:04	Natalia	Selby	Female Vet 40	44	Unaffiliated

340	245	03:42:09	Terri	Jones	Female Vet 50	23	Redway Runners
341	21	03:45:48	Gordon	Avery	Male Vet 50	67	Unaffiliated
342	218	03:46:28	Sarah	Howell	Female Vet 40	45	Redway Runners
343	219	03:46:33	Tony	Howell	Male Vet 40	98	Redway Runners
344	334	03:48:01	Laura	Mould	Female Open	35	Unaffiliated
345	28	03:48:05	Richard	Baker	Male Vet 40	99	Unaffiliated
346	16	03:48:10	Felicity	Aries	Female Vet 50	24	Wellingborough & District AC
347	474	03:48:23	Maria	Waite	Female Vet 50	25	Purple Patch Runners
348	449	03:50:12	Neil	Taylor	Male Vet 40	100	Unaffiliated
349	359	03:50:19	Sara	O'Callaghan	Female Vet 40	46	Trail Running Association
350	450	03:50:24	Sarah	Taylor	Female Vet 40	47	Unaffiliated
351	84	03:50:47	Emma	Clark	Female Vet 40	48	Unaffiliated
352	411	03:51:02	Corina	Sampson	Female Open	36	Unaffiliated
353	50	03:51:06	Christopher	Binks	Male Vet 40	101	Unaffiliated
354	17	03:51:36	Alison	Ashbolt	Female Vet 50	26	Bearbrook Running Club
355	153	03:53:38	Zoe	Ewins	Female Vet 40	49	Dunstable RRC
356	211	03:54:27	DAWN	HOLLOWAY	Female Vet 50	27	Unaffiliated
357	8	03:54:30	Amanda	Allen	Female Vet 50	28	Wellingborough & District AC
358	46	03:56:52	Polly	Bentley	Female Open	37	Unaffiliated
359	342	03:56:54	Dan	Nathan	Male Vet 40	102	Unaffiliated
360	235	03:57:52	Giggysy	Jayaweera	Male Open	62	Unaffiliated
361	10	03:58:31	Claire	Amos	Female Vet 40	50	Leighton Fun Runners
362	298	03:58:35	Caroline	Mann	Female Vet 40	51	Leighton Fun Runners
363	74	03:58:41	Nicola	Casey	Female Open	38	Leighton Fun Runners
364	151	03:58:45	Michelle	Evans-Riches	Female Vet 50	29	Leighton Fun Runners
365	418	03:58:53	Jo	Secker	Female Vet 40	52	Leighton Fun Runners
366	440	03:58:59	Lorraine	Stanesby	Female Vet 50	30	Unaffiliated
367	260	03:59:42	Clare	Knowler	Female Vet 40	53	Bearbrook Running Club
368	56	03:59:48	Helen	Bleazard	Female Vet 40	54	Unaffiliated
369	312	04:00:10	Jo	Mccaul	Female Vet 50	31	Unaffiliated
370	172	04:00:14	Elaine	Giles	Female Vet 50	32	Unaffiliated

371	149	04:00:20	Kath	Evans	Female Vet 40	55	Unaffiliated
372	503	04:00:23	Laura	Winton	Female Vet 40	56	Leighton Fun Runners
373	69	04:05:44	Kelly	Bywaters	Female Vet 40	57	Dunstable RRC
374	234	04:05:49	Carmel	Jarman	Female Vet 40	58	Dunstable RRC
375	456	04:24:16	Janica	Thompson	Female Vet 40	59	Dunstable RRC
376	286	04:24:20	Simon	Livermore	Male Vet 40	103	Run Redbourn
377	349	DNF	Phil	Niblock	Male Vet 70	1	Unaffiliated
378	24	DNF	Kate	Bailey	Female Vet 40	60	Shires Triers Triathlon Club
379	500	DNF	Martin	Wilson	Male Vet 70	2	Unaffiliated
380	38	DNF	Mark	Beaver	Male Vet 40	104	Team Trident
381	229	DNF	Mirdula	Iyer	Female Open	39	Good Gym Race Team