

**Ashridge Boundary Run 18th March 2017**

<b>Position</b>	<b>Bib number</b>	<b>First name</b>	<b>Last name</b>	<b>Club</b>	<b>Category</b>	<b>Time</b>	<b>Cat Position</b>
1	264	Tom	Sawyer	Tring Running Club	MSenior	1:48:20.2	1
2	185	Ross	Langley	Tring RC	MSenior	1:49:13.9	2
3	3	Matthew	Adcock	Watford Harriers	M40	1:51:47.8	1
4	42	Ian	Bryson	Harpenden Arrows	M40	1:53:02.3	2
5	307	Matt	Wade	Tring Running Club	MSenior	1:57:01.7	3
6	129	Ian	Hammett	Bedford Harriers	MSenior	1:57:42.3	4
7	332	Henry	Keighley-Elstub	Wimbledon Windmilers	M40	1:58:22.3	3
8	300	Kev	Tourle	Unaffiliated	M40	1:59:44.5	4
9	39	Steve	Bowran	Harpenden Arrows	M40	2:02:48.5	5
10	142	Adam	Haylock	Leighton Buzzard AC	MSenior	2:03:28.0	5
11	64	Darren	Cornish	Unaffiliated	M40	2:03:59.1	6
12	99	Matt	Fassnidge	London Heathside AC	MSenior	2:04:42.5	6
13	33	Nathan	Blake	Oxford Tri	M40	2:05:01.3	7
14	4	Julius	Adorf	London Social Runners	MSenior	2:06:27.8	7
15	336	Chris	Pillai	Unaffiliated	M40	2:07:22.8	8
16	18	Gaetano	Basiaco	Unaffiliated	MSenior	2:07:34.6	8
17	278	Will	Sheppard	Unaffiliated	MSenior	2:09:42.1	9
18	208	Patrick	Mcguinness	Harpenden Arrows	M50	2:09:48.3	1
19	102	Samuel	Fielding	Tring Running Club	MSenior	2:10:34.9	10
20	326	Ellis	Woolley	Unaffiliated	MSenior	2:10:47.4	11
21	88	Chris	Dowling	Gade Valley Harriers	MSenior	2:11:08.3	12
22	63	James	Cooper	Unaffiliated	MSenior	2:11:45.9	13
23	87	Nigel	Douglas	Unaffiliated	M40	2:12:16.5	9
24	333	Dan	Skinner	Unaffiliated	MSenior	2:12:32.8	14
25	104	Al	Flowers	Watford Joggers	MSenior	2:12:36.8	15
26	254	Warren	Rose	Leighton Buzzard AC	M40	2:12:52.4	10
27	170	Oliver	Jones	Bedford Harriers	MSenior	2:13:02.3	16
28	169	Neil	Jones	Unaffiliated	M50	2:13:12.8	2
29	78	Ian	de Villiers	Unaffiliated	M40	2:13:20.2	11
30	56	Nick	Clay	Leighton Buzzard AC	M50	2:13:39.2	3

31	61	Simon	Cook	Unaffiliated	M40	2:14:20.8	12
32	32	James	Birnie	Gade Valley Harriers	M40	2:14:26.4	13
33	334	Mark	Harber	Unaffiliated	M40	2:14:35.0	14
34	229	Mark	Patterson	VC10	M40	2:14:35.7	15
35	248	Marvin	Reynolds	Unaffiliated	MSenior	2:14:37.7	17
36	81	Paul	Denby	Unaffiliated	M40	2:14:41.7	16
37	125	Campbell	Hall	Unaffiliated	M40	2:14:45.0	17
38	163	Robert	Jamieson	Unaffiliated	MSenior	2:14:55.4	18
39	16	David	Barr	Unaffiliated	M40	2:15:08.2	18
40	224	Zac	O'Neil	Wellingborough and District AC	MSenior	2:16:03.9	19
41	276	Simon	Shaw	Unaffiliated	M40	2:16:11.7	19
42	154	Martin	Hopcroft	Tring Running Club	M50	2:16:14.7	4
43	191	Mike	Lemon	Bearbrook RC	M50	2:16:47.3	5
44	135	Kevin	Harding	Tring Running Club	M50	2:16:56.5	6
45	145	Lynda	Hembury	Tring RC	F60	2:17:04.8	1
46	48	Jim	Buttleman	Leighton Fun Runners	M50	2:17:20.2	7
47	70	Jonathan	Davies	Datchet Dashers	M40	2:17:38.4	20
48	302	Angela	Trussler	Watford Harriers	FSenior	2:18:10.1	1
49	173	Simon	Kennedy	Unaffiliated	M40	2:18:13.1	21
50	290	Tony	Stewart	Unaffiliated	M50	2:18:27.6	8
51	226	David	Parfitt	Unaffiliated	M40	2:18:30.0	22
52	82	Rachel	Dench	Unaffiliated	FSenior	2:19:09.3	2
53	93	Paul	Edwards	Watford Harriers	M50	2:19:09.9	9
54	144	Andy	Headley	Unaffiliated	M40	2:19:13.9	23
55	100	Paul	Fenn	Unaffiliated	MSenior	2:19:15.4	20
56	80	David	Demmery	Unaffiliated	M50	2:19:37.5	10
57	305	Hannah	Turnet	Harpenden Arrows	FSenior	2:19:46.1	3
58	62	Stuart	Cooke	Team Trident	MSenior	2:20:35.5	21
59	13	Dominic	Bailey	Unaffiliated	M40	2:20:44.0	24
60	7	Verity	Allsopp	Leighton Fun Runners	FSenior	2:20:55.8	4
61	166	Alison	Jessopp	Datchet Dashers	F40	2:21:57.0	1
62	131	Neville	Hanks	Unaffiliated	MSenior	2:22:29.4	22
63	329	Dominic	Veal	Unaffiliated	M40	2:22:55.1	25

64	140	Robert	Harrison	Unaffiliated	MSenior	2:22:55.8	23
65	1	Chris	Adams	New Leaf Plumbing & Heating	MSenior	2:23:41.1	24
66	284	Gary	Sparkes	Bearbrook Running Club	M50	2:23:45.0	11
67	198	Alison	Macmaster	Unaffiliated	F40	2:24:50.3	2
68	44	David	Burne	Unaffiliated	MSenior	2:24:59.9	25
69	275	Peter	Sharpe	Unaffiliated	MSenior	2:25:11.4	26
70	17	Mike	Bartlett	Unaffiliated	M40	2:25:30.7	26
71	174	Laurence	Kiddle	Unaffiliated	M40	2:25:38.7	27
72	221	Chris	Newnham	Amphill & Flitwick Flyers	M50	2:25:58.4	12
73	118	Patrick	Green	St albans Striders	M40	2:25:59.5	28
74	58	Michael	Cloy	Unaffiliated	MSenior	2:26:00.7	27
75	85	Scott	Desborough	Unaffiliated	M50	2:26:01.5	13
76	255	Cameron	Ross	Unaffiliated	M40	2:26:45.0	29
77	295	James	Terry	Wellingborough and District AC	M40	2:27:01.8	30
78	182	Victor	Lamarque	Unaffiliated	MSenior	2:27:11.9	28
79	101	Kevin	Fielding	Tring Running Club	M40	2:27:28.1	31
80	195	John	Luck	Unaffiliated	M50	2:27:36.5	14
81	250	David	Rhodes	Hertfordshire Constabulary CHAOS club	M50	2:27:37.0	15
82	223	Gabor	Nyers	Unaffiliated	M40	2:27:45.5	32
83	113	Alan	Goodhand	Unaffiliated	MSenior	2:27:49.2	29
84	24	Katharine	Baxter	Wellingborough and District AC	FSenior	2:28:13.5	5
85	134	Alison	Harding	Tring Running Club	F50	2:29:07.6	1
86	303	Helen	Tullie	Tring Running Club	F40	2:29:12.0	3
87	230	Cameron	Pearce	Unaffiliated	MSenior	2:30:01.6	30
88	50	Jon	Chandler	London Orienteerking Klubb	M50	2:30:12.2	16
89	199	John	Manning	Tring Running Club	M60	2:30:15.2	1
90	90	Paul	Doyle	Unaffiliated	M40	2:30:42.7	33
91	137	Robert	Harman	Shires Triers	MSenior	2:30:58.0	31
92	148	Graham	Hill	Unaffiliated	MSenior	2:30:59.1	32
93	337	Oli	Lacigova	Team Trident	FSenior	2:31:16.4	6
94	120	Christopher	Grimmette	Shires Triers	M50	2:31:21.1	17
95	76	Peter	Dawes	Unaffiliated	M50	2:31:29.2	18
96	274	Katy	Sharp	Unaffiliated	FSenior	2:31:32.2	7

97	108	Richard	Friend	Unaffiliated	M40	2:32:09.4	34
98	53	Martin	Cheesbrough	Unaffiliated	M40	2:32:09.9	35
99	217	Andrew	Nash	Unaffiliated	MSenior	2:32:19.7	33
100	249	Scott	Reynolds	Unaffiliated	M40	2:32:21.8	36
101	222	Mark	Nicholls	Watford Joggers	M40	2:32:31.6	37
102	316	Grant	Whitaker	Unaffiliated	M50	2:32:34.2	19
103	73	Philip	Davies	Stopsley Striders	MSenior	2:32:50.9	34
104	25	Paul	Bayley	Tring Running Club	MSenior	2:33:18.9	35
105	177	David	Killick	Leighton Buzzard AC	M40	2:34:09.8	38
106	273	Brian	Sharp	Unaffiliated	M50	2:34:20.7	20
107	119	Darren	Greene	Team Trisports	M40	2:34:31.1	39
108	141	Richard	Hart	Unaffiliated	M50	2:34:47.2	21
109	207	Paul	Mcdonagh	Unaffiliated	M40	2:34:55.2	40
110	43	Anna	Buckingham	St albans Striders	FSenior	2:34:59.7	8
111	103	Mark	Fiske	Leighton Fun Runners	M40	2:35:40.0	41
112	325	Stephen	Woollett	Unaffiliated	M40	2:35:45.6	42
113	328	Peter	York	Unaffiliated	M50	2:35:54.7	22
114	269	David	Shakespeare	Olney Runners	M50	2:35:55.4	23
115	331	Stuart	Feenan	Unaffiliated	M40	2:36:03.8	43
116	292	Daniel	Stuart-Smith	TRA	MSenior	2:36:13.9	36
117	320	Rhys	Willington	Unaffiliated	M40	2:37:30.8	44
118	234	Sarah	Pritchard	Unaffiliated	FSenior	2:37:40.7	9
119	52	James	Charlton	Unaffiliated	M40	2:38:01.0	45
120	8	Jessica	Anstee	Ampthill & Flitwick Flyers	FSenior	2:38:12.2	10
121	130	Mark	Hammond	Unaffiliated	M40	2:38:12.3	46
122	330	Mandy	Bonthrone	Shires Triers	F50	2:39:21.2	2
123	9	George	Arbuckle	Ampthill & Flitwick Flyers	M40	2:39:21.3	47
124	239	Michael	Raffles	Unaffiliated	MSenior	2:40:04.8	37
125	238	Ben	Raffles	Unaffiliated	MSenior	2:40:29.3	38
126	289	Simon	Stevenson	Tring Running Club	M40	2:40:30.1	48
127	312	Ralph	Ward	Bedford Harriers	M50	2:41:15.0	24
128	186	Dean	Langton	Unaffiliated	MSenior	2:41:15.6	39
129	241	Himanshu	Raja	Unaffiliated	M50	2:41:59.3	25

130	196	Rory	Lumsdon	Unaffiliated	M40	2:42:08.0	49
131	47	Adam	Butler	Unaffiliated	M40	2:42:23.4	50
132	209	Domini	McMunn	Unaffiliated	FSenior	2:42:32.2	11
133	14	Kate	Bailey	Shires Triers	F40	2:42:33.2	4
134	282	Katherine	Solomon	Bearbrook Running Club	FSenior	2:43:02.0	12
135	187	Andy	Lawson	Unaffiliated	M40	2:43:09.6	51
136	171	Andrew	Keen	Leighton Buzzard Triathlon Club	M40	2:43:40.2	52
137	157	Richard	Horton	Unaffiliated	M50	2:43:52.7	26
138	127	Sandra	Hall	Bearbrook Running Club	F50	2:44:37.4	3
139	112	Chris	Giraudeau	Unaffiliated	M40	2:44:48.0	53
140	5	Ali	Allen	Datchet Dashers	F50	2:45:12.4	4
141	72	Paul	Davies	Unaffiliated	M40	2:45:29.8	54
142	38	Debbie	Bowen	Unaffiliated	F40	2:45:38.9	5
143	27	Mark	Beaver	Team Trident	M40	2:45:47.6	55
144	271	Mrs	Sharman	Watford Joggers	F50	2:46:07.0	5
145	211	Lindsay	Melling	Unaffiliated	F40	2:46:27.6	6
146	180	Simon	King	Bedford Harriers	M50	2:46:29.8	27
147	91	Pascal	Dubois-Pelerin	Unaffiliated	M50	2:46:35.0	28
148	143	Mark	Haynes	Leighton Buzzard AC	M40	2:46:39.3	56
149	335	Peter	Mason	Bearbrook Running Club	M70	2:47:04.4	1
150	189	Simon	Lee	Shires Triers	M50	2:47:50.9	29
151	153	Gary	Homewood	Mornington Chasers	M50	2:47:58.9	30
152	297	David	Thomas	Unaffiliated	M50	2:48:08.5	31
153	49	Kate	Carroll	Unaffiliated	F50	2:48:17.8	6
154	322	James	Wilson	Unaffiliated	M40	2:48:18.7	57
155	321	Fran	Wilson	Unaffiliated	F40	2:49:32.6	7
156	37	Leon	Bosch	Tring Running Club	M50	2:49:43.5	32
157	202	Nick	Matthews	Unaffiliated	MSenior	2:49:44.1	40
158	299	Caroline	Thrussell	North Herts Road Runners	F50	2:49:44.6	7
159	279	Gavin	Shurmer	Unaffiliated	M50	2:50:35.1	33
160	213	Firmin	Moriarty	Addiscombe cc	M50	2:51:16.9	34
161	66	Daniel	Curtis	Unaffiliated	MSenior	2:51:17.5	41
162	65	Nick	Costin	Redway Runners	M50	2:51:26.7	35

163	116	David	Gourlay	Unaffiliated	M40	2:51:35.7	58
164	26	Tom	Beach	Bedford Harriers	MSenior	2:51:39.2	42
165	204	Richard	Maw	St albans Striders	M60	2:51:43.5	2
166	319	Gayle	Willington	Unaffiliated	F40	2:52:26.9	8
167	168	Kirsty	Jones	Bedford Harriers	FSenior	2:52:27.6	13
168	291	Lee	Strain	Hillingdon triathletes	M40	2:52:32.1	59
169	6	Charles	Allen	Datchet Dashers	M50	2:52:44.5	36
170	161	Phillip	Hyde	Unaffiliated	MSenior	2:52:45.7	43
171	281	Doug	Smith	Unaffiliated	M60	2:52:59.3	3
172	310	Nicola	Walpole	Wellingborough and District AC	F40	2:53:38.1	9
173	247	Monika	Revesz	Unaffiliated	F40	2:54:23.8	10
174	296	Ben	Thomas	Unaffiliated	M40	2:54:36.5	60
175	159	Andrew	Hull	St albans Striders	M40	2:54:53.0	61
176	277	John	Sheehan	Unaffiliated	M60	2:54:53.9	4
177	158	Alison	How	Vocalink Running Club	F40	2:54:54.4	11
178	270	Dominic	Sharman	Unaffiliated	M40	2:54:55.3	62
179	95	Roderick	Elder	Unaffiliated	M50	2:55:01.3	37
180	252	Julie	Rice	Watford Joggers	F50	2:55:13.8	8
181	317	Rob	White	Unaffiliated	M40	2:55:39.2	63
182	236	Georgina	Quayle	North Herts Road Runners	FSenior	2:56:19.0	14
183	283	Mark	Spanswick	Unaffiliated	M50	2:57:07.7	38
184	285	Amelia	Stack	Unaffiliated	FSenior	2:57:42.0	15
185	251	Tim	Rial	Bearbrook Running Club	MSenior	2:57:46.5	44
186	55	Peter	Clarke	Unaffiliated	M40	2:57:54.8	64
187	286	David	Stanley	Ampthill & Flitwick Flyers	M60	2:58:25.9	5
188	206	Rob	McCartney	Unaffiliated	M40	2:58:58.0	65
189	126	Gareth	Hall	Unaffiliated	MSenior	2:59:55.2	45
190	210	Peter	McMunn	Unaffiliated	M60	3:00:29.2	6
191	200	Samantha	Marlton	Bedford Harriers	FSenior	3:00:46.1	16
192	105	Lawrence	Folley	Bedford Harriers	M50	3:00:48.3	39
193	75	Amanda	Davis	Wellingborough and District AC	F40	3:01:13.1	12
194	84	Jo	Desborough	Harpenden Arrows	F40	3:01:13.8	13
195	96	Willie	Ellingham	Harpenden Arrows	M50	3:01:27.9	40

196	83	Paul	Dennison	Unaffiliated	M40	3:01:53.2	66
197	263	Dave	Saunders	Run Redbourn!	M40	3:01:53.7	67
198	237	Marcia	Quinn	Watford Joggers	F50	3:02:21.3	9
199	20	Rebecca	Bates	Striders	F40	3:02:22.4	14
200	304	Andrew	Turmer	Unaffiliated	M50	3:03:02.1	41
201	298	Paul	Thomas	Leighton Fun Runners	M60	3:03:02.9	7
202	155	Joanna	Horton	Bearbrook Running Club	F40	3:04:03.7	15
203	212	Miranda	Morgan	NHRR	F60	3:04:44.3	2
204	23	Joanne	Baxter	Tring Running Club	F50	3:05:14.6	10
205	301	India	Trusselle	Unaffiliated	FSenior	3:05:52.1	17
206	313	Sarah	Watson	Shires Triers	F50	3:07:50.4	11
207	10	Jun	Ashida	Unaffiliated	M50	3:07:51.1	42
208	128	Suzie	Hall	Redway Runners	F40	3:09:35.4	16
209	89	Sam	Downton	David Lloyd Redway Runners	F40	3:09:45.8	17
210	242	Stewart	Read	Stopsley Striders	M40	3:10:15.0	68
211	97	Guy	Emmans	Wellingborough and District AC	M60	3:10:15.6	8
212	11	Helen	Auster	Unaffiliated	FSenior	3:12:07.8	18
213	193	Emma	Lowndes	Unaffiliated	FSenior	3:12:52.7	19
214	327	Sarah	Wright	Unaffiliated	F40	3:13:28.4	18
215	324	David	Wise	Gade Valley Harriers	M40	3:13:28.8	69
216	192	Ben	Levan	Unaffiliated	M40	3:15:17.9	70
217	31	Chris	Binks	Unaffiliated	MSenior	3:15:27.8	46
218	235	Carina	Quayle	North Herts Road Runners	F50	3:19:13.9	12
219	121	Petra	Grosse-Hull	St albans Striders	F40	3:20:02.4	19
220	201	Tomoto	Masuda	Unaffiliated	MSenior	3:20:51.6	47
221	225	Baz	Omo	Unaffiliated	M40	3:21:01.1	71
222	2	Claire	Adamson	Bedford Harriers	FSenior	3:21:27.7	20
223	311	Jeanette	Walster	Tommy'S Wave	F50	3:23:22.1	13
224	175	Greer	Kidney	Tommy'S Wave	F40	3:26:40.9	20
225	86	Matthew	Donald	Unaffiliated	M50	3:27:19.0	43
226	34	Margaret	Bond	Wellingborough and District AC	F50	3:27:19.6	14
227	258	Sarah	Rowse	Wellingborough and District AC	FSenior	3:31:30.3	21
228	257	Lynda	Rowse	Wellingborough and District AC	F50	3:31:50.6	15

229	265	Tina	Searle	Dacorum and Tring AC	F50	3:31:51.1	16
230	68	Stephanie	Dann	Dartford Harriers	FSenior	3:31:51.6	22
231	259	Jayne	Russell	Unaffiliated	F40	3:34:01.9	21
232	194	Suet	Lua	Bedford Harriers	F50	3:34:52.0	17
233	293	Rebecca	Sturgen	Wellingborough and District AC	F50	3:35:38.0	18
234	181	Clare	Knowler	Bearbrook Running Club	FSenior	3:35:42.6	23
235	287	Katie	Stanton	Unaffiliated	FSenior	3:35:51.8	24
236	203	Nora	Maw	Unaffiliated	F60	3:42:22.4	3
237	218	Steph	Nash	Leighton Fun Runners	FSenior	3:44:28.2	25
238	323	Laura	Winton	Leighton Fun Runners	FSenior	3:45:26.2	26
239	146	Marie-Claude	Hemming	Unaffiliated	FSenior	3:50:47.9	27
240	215	Laura	Mould	Unaffiliated	FSenior	3:50:48.6	28
241	15	Richard	Baker	Unaffiliated	M40	4:07:30.9	72
-	35	Aleksandr	Bosch	Unaffiliated	MSenior	DNF	
-	51	Angie	Charitou	Unaffiliated	FSenior	DNF	
-	110	Tom	Garrad-Cole	Unaffiliated	M40	DNF	
-	117	Daniel	Green	Unaffiliated	M40	DNF	
-	138	Andrew	Harper	Vegetarian Cycling and AC	M50	DNF	
-	231	Julie	Peris	Harrow AC	F40	DNF	
-	294	Craig	Sweet	Dunstable road runners	M40	DNF	