

Ashridge Boundary Run - 19th March 2016							
Results							
Bibno.	First name	Last name	Club/Company	Category	Time	Pos	Cat pos
180	Richard	Loader	Wellingborough & District Athletic Club	MSenior	1:48:29	1	1
30	Ian	Bryson	Harpenden Arrows	MV40	1:50:42	2	1
276	Kev	Tourle		MV40	1:53:09	3	2
294	Ben	Williams		MSenior	1:53:14	4	2
91	Peter	Flewitt	Ealing Southall and Middlesex AC	MV40	1:53:57	5	3
2	Matt	Adcock	Watford Harriers	MV40	1:54:41	6	4
38	Owen	Byrne	bearbrookrunningclub	MV50	1:55:35	7	1
238	Kate	Rennie	Tring and dacorum	FV40	1:56:55	8	1
177	Ed	Laver	Flamstead PTA	MSenior	1:57:18	9	3
224	Ammon	Piepgrass	Harpenden Arrows	MSenior	1:57:19	10	4
214	Steven	Oglesby	On the Run - Aylesbury	MV40	1:57:41	11	5
17	Andrew	Barton	Serpentine RC	MSenior	1:58:24	12	5
42	Matthew	Child	Marshall Milton Keynes AC	MSenior	1:58:40	13	6
95	Simon	Gillett		MSenior	2:00:37	14	7
283	Matt	Wade	Tring Running Club	MSenior	2:00:46	15	8
159	Paul	Kellett	Tring Running Club	MV50	2:02:21	16	2
181	Steve	Long	Tring RC	MV50	2:02:21	17	3
99	Mike	Green	Fairlands Valley Spartans	MSenior	2:03:03	18	9
303	James	Youren		MSenior	2:03:31	19	10
280	Hannah	Turner	harpenden arrows	FSenior	2:03:39	20	1
47	Steve	Cliffe	Chiltern Tri	MV40	2:04:11	21	6
213	Sean	Nicolle	Oxford Tri	MV40	2:04:23	22	7
290	Alan	Whelan	Tring RC	MV50	2:05:33	23	4
123	Kevin	Harding	Tring Running Club	MV50	2:05:58	24	5
263	Ben	Shirley	Wellingborough and disrict ac	MSenior	2:06:26	25	11
57	Darren	Cornish		MV40	2:06:28	26	8
150	Mark	Jackson	Hart Road Runners	MSenior	2:07:31	27	12
32	Toby	Bull	Wadhurst Runners	MSenior	2:07:36	28	13
297	Sam	Williamson		MV50	2:08:17	29	6
73	Paul	Denby		MV40	2:09:45	30	9
242	Andrew	Richardson	Huntingdonshire AC	MV50	2:10:47	31	7
131	Craig	Higgins	Tring Running Club	MV50	2:11:17	32	8
239	Marvin	Reynolds		MSenior	2:11:27	33	14
147	Andy	Huxley		MV40	2:11:37	34	10
215	John	O'Grady	Chiltern Tri	MV40	2:11:46	35	11
301	Mark	Wright		MV40	2:11:54	36	12
260	Simon	Shaw	Team Trisports	MV40	2:12:29	37	13
55	Simon	Cook		MV40	2:12:35	38	14

18	Gaetano	Basiaco		MSenior	2:13:05	39	15		
171	Stuart	Knight	bedford harriers ac	MV50	2:13:24	40	9		
82	Elliot	Edwards	Bearbrook Running Club	MSenior	2:13:38	41	16		
126	Lynda	Hembury	Tring Running Club	FV50	2:13:39	42	1		
262	Will	Sheppard		MSenior	2:13:41	44	17		
97	Ian	Gower	Tring Running Club	MV40	2:13:41	43	15		
21	Rob	Beckett	Bearbrook	MSenior	2:13:56	45	18		
216	Liz	O'Keeffe	Tring RC	FSenior	2:15:02	46	2		
305	Gavin	Rees		MSenior	2:15:13	47	19		
306	Dave	Fleetwood		MV40	2:15:13	48	16		
156	Neil	Jones		MV40	2:15:14	49	17		
219	Jon	Pain		MV50	2:15:14	50	10		
14	Dominic	Bailey		MV40	2:15:16	51	18		
74	Rachel	Dench		FSenior	2:15:17	52	3		
83	Paul	Edwards	Watford Harriers	MV50	2:15:20	53	11		
8	Rick	Ansell	Tring Running Club	MV50	2:15:25	54	12		
261	Kevin	Shelton-Smith	Bedford Harriers	MV50	2:15:36	55	13		
41	Sean	Casey	london heathside ac	MSenior	2:16:05	56	20		
68	Ian	de Villiers		MV40	2:16:14	57	19		
25	Karla	Borland	Edinburgh AC	FSenior	2:16:22	58	4		
76	Nigel	Douglas		MV40	2:16:23	59	20		
100	Patrick	Green	St Albans Striders	MV40	2:16:37	60	21		
296	Marianne	Williamson	bedford harriers	FV40	2:16:41	61	2		
278	Angela	Trussler	Watford Harriers	FSenior	2:17:17	62	5		
282	Ben	Verinder		MV40	2:17:17	63	22		
20	Paul	Bayley	Tring RC	MSenior	2:17:50	64	21		
212	Tim	Niblock		MSenior	2:17:56	65	22		
304	Tim	Fowler		MV50	2:18:06	66	14		
112	Campbell	Hall		MV40	2:18:13	67	23		
111	Graham	Halkyard	Harpenden Arrows	MV40	2:18:23	68	24		
154	Chris	Jones		MSenior	2:18:46	69	23		
163	Laurence	Kiddle		MV40	2:18:54	70	25		
240	Adam	Rhodes	Hertfordshire Constabulary	MSenior	2:19:27	71	24		
241	David	Rhodes	Hertfordshire Constabulary CHAOS club	MV50	2:19:28	72	15		
184	John	Luck		MV50	2:19:29	73	16		
295	Daniel	Williams	North Herts Road Runners	MSenior	2:19:53	74	25		
13	Philip	Bacon		MV40	2:20:05	75	26		
72	David	Demmery		MV50	2:21:44	76	17		
267	Bruce	Spencer		MV40	2:22:01	77	27		
37	Jim	Buttleman	Leighton Buzzard Fun Runners	MV50	2:22:05	78	18		
308	John	Manning	Tring Running Club	MV60	2:22:25	79	1		
228	Richard	Piron	Bedford Harriers	MV60	2:22:56	80	2		
7	Martyn	Annetts	North Herts Road Runners	MV50	2:23:28	81	19		

277	Suzy	Trott	North Herts Road Runners	FV40	2:23:30	82	3		
137	Martin	Hopcroft	Tring Running Club	MV50	2:23:55	83	20		
119	Nev	Hanks		MSenior	2:24:01	84	26		
128	Chris	Henty	Carnethy	MV40	2:24:21	85	28		
209	Sarah	Needleman	Cambridge University Hare and Hounds	FSenior	2:24:23	86	6		
210	Philip	Newbery		MSenior	2:24:39	87	27		
140	JON	HORTON	Bearbrook Running Club	MV40	2:25:05	88	29		
183	Daniel	Lowans		MV40	2:25:36	89	30		
246	Cameron	Ross		MV40	2:25:49	90	31		
264	Dan	Skinner		MSenior	2:25:59	91	28		
155	Gregory	Jones		MV50	2:26:15	92	21		
255	Andy	Sewell	Bedford Harriers	MV50	2:26:21	93	22		
122	Alison	Harding	Tring Running Club	FV50	2:26:39	94	2		
6	Andrew	Angus	queens park harriers	MV50	2:26:42	95	23		
207	Andrew	Nash		MSenior	2:26:48	96	29		
5	David	Allen	Redway Runners	MV40	2:27:28	97	32		
103	Daniel	Griggs	Dacorum & Tring AC	MSenior	2:27:45	98	30		
293	Celine	Wilcock	Tring Running Club	FV40	2:27:50	99	4		
31	Dominci	Buck	NHRR	MV40	2:27:59	100	33		
204	Ben	Mullaney		MSenior	2:28:05	101	31		
135	Gary	Homewood	Mornington Chasers	MV50	2:28:11	102	24		
48	Jeff	Cohen	Bracknell Forest Runners	MV60	2:28:20	103	3		
158	Lauren	Keeler	Team MK	FSenior	2:28:25	104	7		
243	Avril	Riddell	Mornington Chasers RC	FV60	2:28:25	105	1		
169	Stuart	Kinton	Reading Roadrunners	MSenior	2:28:26	106	32		
114	Tom	Hallett	Tring RC	MV40	2:28:37	107	34		
273	James	Terry	Wellingborough & District Athletics Club	MV40	2:28:37	108	35		
221	Andy	Parkinson		MV40	2:28:57	109	36		
92	Richard	Friend		MV40	2:29:20	110	37		
187	Steve	MacDonald		MV40	2:29:22	111	38		
108	Zoe	Hague	Hitchin running club	FSenior	2:29:49	113	8		
107	Stephen	Hague	Hitchin running club	MV40	2:29:49	112	39		
77	Paul	Doyle		MV40	2:29:53	114	40		
164	Maki	Kimura	Mornington Chasers	FV40	2:30:21	115	5		
274	Ben	Thomas		MV40	2:30:26	116	41		
148	Rebecca	Hylton		FSenior	2:30:31	118	9		
78	Steve	Doyle		MV40	2:30:31	117	42		
34	Dawn	Burr	Tri Force	FV40	2:30:54	119	6		
247	Dan	Rough		MSenior	2:31:36	120	33		
178	Andrew	Lawson		MV40	2:32:15	121	43		
266	Gary	Sparkes	Bearbrook	MV50	2:33:03	122	25		
225	Darren	Pierce		MV40	2:33:05	123	44		
211	Mike	Niblock		MSenior	2:33:15	124	34		

130	Deirdre	Heydecker	St Albans Striders	FV60	2:33:30	125	2		
259	Brian	Sharp		MV50	2:33:42	126	26		
101	Darren	Greene	Team Trisports	MV40	2:34:47	127	45		
166	Simon	King	Bedford Harriers	MV50	2:34:51	128	27		
231	Craig	Price		MV40	2:35:00	129	46		
40	Paul	Campbell	bracknell forest runners	MV50	2:35:28	130	28		
232	Matthew	Pryke	Tri King	MSenior	2:35:31	131	35		
270	Jamie	Stamp		MSenior	2:35:46	132	36		
125	Andrew	Harper	Vegetarian Cycling and AC	MV50	2:36:07	133	29		
127	James	Hemlin		MV40	2:36:17	134	47		
223	Cameron	Pearce		MSenior	2:36:29	135	37		
39	Ian	Callaghan		MV40	2:37:07	136	48		
182	Mark	Loring		MV40	2:37:07	137	49		
170	Nick	Knight	Tring Running Club	MV40	2:37:14	138	50		
257	David	Shakespeare	Olney Runners	MV50	2:37:29	139	30		
307	Simon	Stevenson	Tring Running Club	MV40	2:38:10	140	51		
143	Alison	How	Vocalink Running Club	FV40	2:38:40	141	7		
174	Al	Langan		MV40	2:38:53	142	52		
233	Matt	Pyecroft		MV40	2:39:15	144	53		
157	Paul	Keech	Stopsley Striders	MV50	2:39:15	143	31		
298	Philip	Wilton		MV50	2:39:15	145	32		
193	Rob	McCartney		MV40	2:39:26	146	54		
26	Debbie	Bowen		FV40	2:39:45	147	8		
251	Sarah	Scotchmer	Team Tri Sports	FSenior	2:40:13	148	10		
302	Peter	York		MV50	2:40:27	149	33		
195	Emma	McFarlane	Hart Road Runners	FSenior	2:40:44	150	11		
9	Karen	Ashby	Stopsley Striders	FV50	2:40:46	151	3		
237	Andrew	Reid	Stopsley Striders	MV60	2:40:46	152	4		
245	Tim	Robinson	Fairlands Valley Spartans	MV40	2:41:38	153	55		
50	Andy	Collings	Tring Running Club	MV40	2:41:55	154	56		
94	Julie	Gettings	Tring RC	FSenior	2:43:34	155	12		
194	Paul	Mcdonagh		MV40	2:44:15	156	57		
138	Kevin	Hope		MV40	2:44:29	157	58		
176	Dean	Langton		MSenior	2:44:42	158	38		
161	Tracy	Kennedy	Team Trisports	FV40	2:45:11	159	9		
249	Steve	Rust	Team Trisports	MV40	2:45:14	160	59		
145	Andrew	Hull	St Albans Striders	MV40	2:45:22	161	60		
79	Pascal	Dubois-Pelerin		MV50	2:45:50	162	34		
284	Jonathan	Wagstaff		MV40	2:46:14	163	61		
96	Melissa	Glackin		FSenior	2:46:28	164	13		
35	Graham	Busch	Stopsley Striders	MV60	2:46:36	165	5		
189	Jamie	Matthews		MV40	2:46:43	166	62		
191	Richard	Maw	St Albans Striders	MV60	2:47:27	167	6		

11	Lee	Austin		MSenior	2:47:48	168	39		
22	Katalin	Bedocs	Bearbrook	FV40	2:48:25	169	10		
226	John	Piggott	Tring Running Club	MV40	2:49:00	170	63		
124	Frances	Hardman	Bristol Town & Country Harriers	FSenior	2:49:15	171	14		
88	Rebecca	Farquharson	Tring Running Club	FV40	2:49:50	172	11		
65	Gareth	Davies		MV60	2:50:27	173	7		
279	Andrew	Turmer		MV50	2:50:45	174	35		
44	Ed	Chipperfield		MSenior	2:51:14	175	40		
229	Victoria	Plant	TRC (Tring Running Club)	FSenior	2:51:22	177	15		
179	Ben	Levan		MSenior	2:51:22	176	41		
258	Dominic	Sharman		MSenior	2:51:22	178	42		
116	David	Hammond		MV40	2:51:56	179	64		
285	Donna	Walker	Tring Running Club	FSenior	2:52:04	180	16		
167	Stephen	King		MSenior	2:52:19	181	43		
198	Lindsay	Melling		FV40	2:52:58	182	12		
289	Ian	West		MV40	2:52:58	183	65		
86	Chris	Fadden	Bedford Harriers AC	MV50	2:53:13	184	36		
33	Georgie	Burchell		FSenior	2:53:32	185	17		
10	David	Messenger		MSenior	2:53:55	186	66		
69	Stuart	Dean		MV40	2:55:28	187	67		
208	Hilary	Needleman	Tring Running Club	FV50	2:55:41	188	4		
288	Roger	Webster		MV60	2:55:42	189	8		
89	Emma	Faulder		FSenior	2:56:17	190	18		
197	David	McKeown	Lymington Triathlon Club	MV40	2:56:17	191	68		
93	Pierre-louis	Gatti	Harpenden Arrows	MSenior	2:57:19	192	44		
144	Simon	Hubble		MV40	2:58:33	193	69		
201	Miranda	Morgan	NHRR	FV60	2:58:36	194	3		
244	Jeremy	Roberts		MV40	2:59:54	195	70		
84	Roderick	Elder		MV50	3:00:12	196	37		
3	Linda	Aird	North Herts Road Runners	FV50	3:00:19	197	5		
218	Helen	Page	Tring RC	FV40	3:00:31	198	13		
102	Lisa	Grey		FV40	3:01:20	199	14		
105	Lucy	Guest		FV40	3:02:39	200	15		
254	Andrea	Sewell	Bedford Harriers	FV50	3:03:28	201	6		
151	Alistair	Jacob	west4 harriers	MV50	3:04:01	202	38		
64	Elizabeth	Davies	Stopsley Striders	FV50	3:05:26	203	7		
146	Brian	Hunt	Made Valley Harriers	MV60	3:05:52	204	9		
12	Gordon	Avery		MV50	3:06:38	205	39		
118	Paul	Hammond		MV40	3:06:48	206	71		
19	Joanne	Baxter	Tring Running Club	FV50	3:06:57	207	8		
54	Maria	Cook	Tring Running Club	FV50	3:07:25	208	9		
186	Carol	Macdonald	Tring Running Club	FV40	3:08:06	209	16		
80	Paul	Dyett	Bossard Wheelers	MV40	3:08:31	210	72		





